

**South Bay Network for Professionals Treating Addiction**  
***Bringing South Bay professionals together to share resources and knowledge.***  
Co-Sponsored by Center For Discovery

**“Medication Assisted Treatment and How to Combat the Current Epidemic”**  
**Tuesday, October 22 , 2019**

Check in: 8:30am, lecture: 9-10:00am  
Thelma McMillen Center Torrance Memorial Medical Center  
3333 Skypark Dr., Ste. 200 • Torrance, CA 90505  
Complimentary continental breakfast served

**Presenters :**

Donnie W. Watson, Ph.D., MATC, CATC V

Dr. Donnie W. Watson has over 25 years of management experience in directing programs that educate and treat both adolescent and adult substance abusers, and their families. He has expertise in evidence-based prevention and treatment interventions, respectively. He has worked in academic, clinical, research and community settings over the course of his career while providing supervision and training to an array of health care providers who specialize in substance abuse treatment. Prior to coming to The Thelma McMillen Center, he served as a Senior Principal Investigator at UCLA's Integrated Substance Abuse Programs (ISAP). In this capacity, he directed an adult outpatient substance abuse treatment center, and managed several community-based grant-funded substance interventions for youth and their families. He previously directed the CORK Institute on Alcohol and Drug Abuse at Morehouse School of Medicine, where he was also an Associate Professor of Psychiatry. Dr. Watson is a Certified Addictions Treatment Counselor (CATC) V, a member of the California Association for Alcohol and Drug Educators (CAADE) and a member of The Addiction Counselor Certification Board of California (ACCBC). Dr. Watson recently became Certified in Medication Assisted Treatment (MAT).

Joshua Lichtman, DO, Psychiatrist

Dr. Josh Lichtman has been practicing psychiatry for the last decade. Dr. Lichtman is passionate about mindfulness practice and psychiatry and is constantly trying to blend the two. He is a board certified adult psychiatrist and although he primarily focuses on psychopharmacology, he is trained in various therapy modalities including CBT, DBT, Psychodynamic therapy, and is currently in the middle of his EMDR certification. Dr. Lichtman is Board Certified in Addiction Medicine and serves as a clinical instructor at UCLA, where he has been supervising doctors in training for the last 8 years.

Dr. Lichtman studied physiology while he was an undergraduate student at UCLA, then received his medical education at Western University of Health Sciences, then went on to complete his internship and psychiatry residency at Harbor-UCLA Medical Center. Dr. Lichtman was named to the Super Doctor list in Los Angeles Magazine for 2016 and 2015.

**Overview:**

The United States is in the midst of an unprecedented epidemic of opioid overdoses and deaths. It is imperative that health professionals and the public become better educated in efforts to stem the tide of this deadly crisis.

**3 Educational Objectives:**

- Discuss how opioids impact the brain and nervous system;
- Compare the National and California State demographics related to the epidemic
- Analyze the Pros and Cons of MAT (Medication Assisted Treatment) and separating Fact from Fiction.

*This course meets the qualifications for 1 hour of continuing education credit for MFTS and or LCSWs (CAMFT #128405) as required by the California Board of Behavioral Science. Approved by CCAPP (#2S-02-489-0722) and CAADE (#CP20 931 C 0822) for 1 hour of continuing education*

**Please RSVP** Jamie Gelbart: 310-257-5758 | [Jamie.Gelbart@tmmc.com](mailto:Jamie.Gelbart@tmmc.com)