Post Procedure Instructions
TACE (trans-arterio-chemo-embolization)

Activity:
• Rest for the remainder of the day and as needed, it is normal to feel flu-like symptoms/general body aches for a few days.
• No heavy lifting (over 10 lbs.) or strenuous activity for 48 hours.
• If you were given sedation/anesthesia or pain medication: do not drive, operate heavy equipment/machinery, or make any important decisions for 24 hours.

Diet:
• You may resume your usual diet.
• Drink plenty of fluids.

Medications:
• You may take your usual pain medication (per label instructions) if you have any discomfort.
• Please follow the instructions on your Current Home Medication Form.

Procedure site care:
• You may have bruising to your groin which will fade. You may feel a small knot at the insertion site to your groin; this is normal and will decrease over time.
• You may remove the Band-Aid or dressing after the first 24 hours and take a shower.
• No bathing/soaking until site is healed.

Call the doctor who ordered your procedure:
• To schedule a follow-up appointment, or for any questions or concerns.

Seek immediate medical attention for:
• Redness, tenderness, swelling, or drainage from the procedure site.
• Excessive bright red blood draining from the procedure site (apply pressure).
• Increased pain not relieved by over the counter or prescribed medication.
• Chills or temperature above 101 degrees.
• Dizziness, numbness or tingling.
• Difficulty breathing.

To speak to a radiology nurse call (310) 517-4677 from 7:30am to 7:30pm Monday through Friday