The experts at the Torrance Memorial Health System have a new way into your heart. The TAVR procedure is a minimally invasive aortic valve replacement for high risk or inoperable patients.

- LEADER IN DELIVERING SUCCESSFUL TAVR SURGICAL RESULTS
- USE MOST ADVANCED DEVICE TECHNOLOGY AND PERFORMED IN STATE-OF-THE-ART HYBRID SURGICAL SUITE
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OUR EXPERT TEAM:

Congratulations TAVR Team for reaching the groundbreaking milestone of 100 TAVR Cases - highest volume program in the South Bay.

EXPERIENCE EQUALS CONFIDENCE.

(left to right) Salman Azam, MD, J. Chris Matchison, MD, Ankush Chhabra, MD, Jack Sun, MD, and John Stoneburner, MD

For more details visit TorranceMemorial.org/TAVR
I have practiced general dentistry in the South Bay for more than 46 years. My wife Kirsten and I have been very fortunate to also grow up on the Peninsula and attend local schools. Kirsten graduated from Miraleste High and I graduated from Palos Verdes High a few years apart. We both attended the University of Southern California’s undergraduate program. I then received my doctorate in dental surgery from USC, and Kirsten her DDS from University of the Pacific Arthur A. Dugoni School of Dentistry in San Francisco.

Over the years we have seen many changes to the area, mostly good. One of the gems of our community is and has been Torrance Memorial Medical Center. The growth and expansion of the hospital campus has been phenomenal, especially the recent opening of the Lundquist Tower. The current improvements and changes to the existing facility are very exciting as well.

Several years ago a good friend and longtime patient, Dr. Tom Simko, approached me and asked if I would be interested in serving on the Torrance Memorial Foundation Board. I was very flattered and agreed. Little did I realize at the time that this would turn out to be one of the most rewarding experiences of my professional career. It has been a pleasure to meet and interact with so many fine people, several of whom are my patients, in support of the hospital.

A few months ago, after touring the new tower and participating in various celebrations of its opening, I unexpectedly found myself on the other side of the wall, so to speak, as a patient. Nothing like being on the inside to really appreciate such an amazing place. The physical facility is state of the art and the staff is well-trained, efficient, and very friendly. Fortunately, my visit was short and ended well.

Just a few weeks ago I had the opportunity to once again visit this incredible new tower as a very close friend had an emergency, which required a couple days stay. We visited our friend during this time and again were very impressed with all aspects of the hospital.

As longtime residents of the South Bay and health care professionals, Kirsten and I feel very strongly about the importance of investing in the future and health of our community. Several years ago we became patrons of the hospital, as did Kirsten’s late parents, and we continue to support the growth and advancement of Torrance Memorial Medical Center.

Richard K. Rounsaville, DDS
General Dentistry
Board Member, Torrance Memorial Foundation

“One of the gems of our community is and has been Torrance Memorial Medical Center. The growth and expansion of the hospital campus has been phenomenal, especially the recent opening of the Lundquist Tower.”

Witnessing the EXPANSION of a LOCAL GEM
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Torrance Memorial Medical Center treats all people equally without regard to race, color, national origin, age, gender or handicap. The section 504 coordinator can be reached at 310-784-4894.

If you do not wish to receive this publication, please contact public relations at 310-517-4706.

Torrance Memorial Medical Center
3330 LOMITA BLVD., TORRANCE, CA 90505
FOUNDATION: 310-517-4703
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PATRONS | Spring 2016 5
DON’T MISS

GET FINANCIALLY HEALTHY
Professional Advisory Council (PAC) seminars are here to help. See page 18 for more details.

WHERE: Hoffman Health Conference Center
RSVP and info: 310-517-4728

MAY 14
Retirement, 401(k) & IRA Preservation Strategies 101

JUNE 11
Family Matters: Multi-Generational Legacy Planning

JULY 9
Boot Camp for Executors

AUGUST 13
Investment Planning: A Primer on Mutual Funds

SEPTEMBER 10
Estate Planning: Avoid the Pitfalls of Probate

JUNE 6
TORRANCE MEMORIAL GOLF TOURNAMENT
Tee off on the fairways and raise funds to support Torrance Memorial Medical Center.

WHERE: Palos Verdes Golf Club
INFO: 310-517-4703

JUNE 8
NATIONAL CANCER SURVIVORS DAY
National Cancer Survivors Day marks a day of success for the individuals who have a history with cancer. Emmy award-winning ESPN sports journalist Shelley Smith will share her story of survival.

WHEN: 6 p.m.
WHERE: Torrance Memorial Medical Center, Hoffman Health Conference Center
FREE; RSVP AND INFO: 310-517-4660

JUNE 9
HERITAGE SOCIETY ANNUAL LUNCHEON
A gathering for those who have included Torrance Memorial in their estate plan or who have made a contribution annually for 10 or more consecutive years. (By invitation only)

WHEN: Noon
WHERE: Palos Verdes Golf Club
INFO: 310-784-4843

APRIL 20
MIRACLE OF LIVING END OF LIFE PLANNING...IT’S MORE THAN A WILL!
Having an Advanced Health Care Directive could save you and your family from heartwrenching decisions if and when the end is near. Learn about how to get one and why it’s important.

WHEN: 7 p.m.
WHERE: Torrance Memorial Medical Center, Hoffman Health Conference Center
INFO: 310-517-4711

APRIL 30
YOUNG PHYSICIANS AND PROFESSIONALS ALLIANCE FIRST ANNUAL CASINO NIGHT
Giddyup! Put your boots on and two step over for drinkin’, gamblin’ and line dancin’ all to raise money for Torrance Memorial’s new Pediatric and Neonatal Intensive Care Unit.

WHEN: 6:30 p.m.
WHERE: Knights of Columbus, Redondo Beach
TICKETS AND INFO: Call 310-517-4728

MAY 18
MIRACLE OF LIVING
THE LATEST LIFESAVING TOOLS IN IMAGING AND TECHNOLOGY
Find out about the latest tools in diagnosing and treating disease, from the Hybrid Operating Room, to a machine that targets tumors without harming normal tissue, to a robot that helps doctors remotely diagnose stroke.

WHEN: 7 p.m.
WHERE: Torrance Memorial Medical Center, Hoffman Health Conference Center
INFO: 310-517-4711

JUNE 6
MIRACLE OF LIVING
EMMY AWARD-WINNING ESPN SPORTS JOURNALIST SHELLEY SMITH
JUNE 15
MIRACLE OF LIVING
SLEEP/INSOMNIA
Nearly 41 million people are sleep deprived. Find out what you can do to get a better night’s sleep.

WHEN: 7 p.m.
WHERE: Torrance Memorial Medical Center, Hoffman Health Conference Center
INFO: 310-517-4711

JULY 19
MIRACLE OF LIVING AT THE BEACH
IMPROVING MEMORY AND CHALLENGING THE BRAIN
Find out what you can do to sharpen the mind as you age.

WHEN: 7 p.m.
WHERE: Shade Hotel, Manhattan Beach
FREE; RSVP AND INFO: 310-517-4728

JULY 20
MIRACLE OF LIVING
MENOPAUSE
Menopause is a natural biological process that ends a woman’s fertility. Learn how to stay healthy, vital and sexual through this phase of life.

WHEN: 7 p.m.
WHERE: Torrance Memorial Medical Center, Hoffman Health Conference Center
INFO: 310-517-4711

AUGUST 17
MIRACLE OF LIVING
DIABETES/AMPUTATION PREVENTION
Complications from diabetes and peripheral arterial disease are devastating and continue to grow out of control. Unchecked, the disease may lead to amputation in the lower extremities. Learn what can be done to prevent and reverse this.

WHEN: 7 p.m.
WHERE: Torrance Memorial Medical Center, Hoffman Health Conference Center
INFO: 310-517-4711

AUGUST 27
“HONDA EVENING UNDER THE STARS FOR CHILDREN’S HEALTHCARE” 30TH ANNUAL GOURMET FOOD & WINE FESTIVAL
Enjoy an elegant evening under the stars featuring tastings from the South Bay’s finest restaurants. All proceeds to benefit Torrance Memorial and For Our Children.

WHEN: 6 to 9:30 p.m.
WHERE: American Honda Headquarters
TICKETS AND INFO: 310-517-4703

SEPTEMBER 21
MIRACLE OF LIVING
NAVIGATING THE HEALTH CARE SYSTEM
There are more than 136 million visits to hospital emergency departments each year. Learn the most effective ways to navigate the health care system in light of rapid and ongoing changes.

WHEN: 7 p.m.
WHERE: Torrance Memorial Medical Center, Hoffman Health Conference Center
INFO: 310-517-4711

OCTOBER 19
MIRACLE OF LIVING
BREAST CANCER
Breast cancer is the second leading cause of cancer death in women, exceeded only by lung cancer. The good news is there are more than 2.8 million breast cancer survivors in the United States. Learn about advances in diagnosis and treatment.

WHEN: 7 p.m.
WHERE: Torrance Memorial Medical Center, Hoffman Health Conference Center
INFO: 310-517-4711
Receiving a breast cancer diagnosis is a frightening and difficult experience. Many are overwhelmed by the vast number of decisions and treatment options ahead. At the latest Miracle of Living at the Beach program, a panel of breast cancer experts followed a patient’s journey through a maze of decisions. Each shared their expertise about every step, from diagnosis to treatment and reconstruction. This discussion helped to answer questions individuals diagnosed with breast cancer have, and provided them with a variety of support systems.

Although the U.S. Preventative Services Task Force recommends getting a mammogram beginning at age 50, and then every two years, Torrance Memorial’s breast cancer specialists disagree. Patricia Sacks, MD, radiologist, urges women to begin at 40, and continue every year thereafter, given that an early diagnosis is critical. Dr. Sacks highlighted digital breast tomosynthesis (DBT), a new $400,000 machine recently added to the Torrance, Manhattan Beach and Rolling Hills offices of Torrance Memorial’s Vasek and Anna Maria Polak Breast Diagnostic Center.

According to Dr. Sacks, the technology is changing the world of mammography. With a traditional 2D mammogram, the breast can only be seen from two sides. With 3D technology, doctors can see through all breast tissue layers, enabling the discovery of more elusive cancers. The DBT mammogram is able to diagnose an additional 41 percent of invasive cancers.

When breast cancer is detected, a nurse navigator is there to guide the patient with every step. “We not only make patients’ appointments and find doctors who take his or her insurance,” says nurse navigator Linda Maynor-Gardea, RN. “We take them by the hand after their diagnoses and provide emotional and psychological support throughout their journey.”

It is important to note that each patient’s situation is completely different. No breast cancer is the same, and treatment options are based primarily on the personality of the tumor. Vanessa Dickey, MD, oncologist/hematologist, shared insight about the four receptors that drive the tumor: estrogen, progesterone, ki-67, and HER2 neu. The types of receptors help determine the best treatment option, which can range from radiation to a double mastectomy.
When a mastectomy is required, reconstruction is usually requested by the patient to ensure she feels confident about her appearance. Lisa Jewell, MD, reconstructive/plastic surgeon, highlighted the three surgical options available after a mastectomy—implant-only reconstruction, implant and tissue reconstruction, and tissue-only reconstruction. With implant-only reconstruction, a tissue expander is placed under the pectoralis muscle. This expander is saline filled and adjustable and allows the woman to wake up after the mastectomy with a breast mound. Another relatively new type of reconstruction is bilateral abdominal flap reconstruction, during which no implants are used; rather the breasts are reconstructed from the patient’s own tissue. In addition to an exceptional team of plastic and reconstructive surgeons, Dr. Jewell’s office offers a tattoo artist specializing in nipple tattooing to create a new nipple in cases where the nipple was removed.

Thyra Endicott, MD, radiation oncologist, explains that radiation therapy is very effective in treating breast cancer. Radiation can offer the ability to preserve the breast, thereby preserving sensation following radiation. Radiation also lowers the risk of recurrence.

Breast cancer survivor Evelyn Calip, RN, shared the outcome of her experience. She started the Breast Reconstruction Mentorship Program as well as a breast cancer support group, Evelyn’s Breast Friends Forever (BFF). Both groups offer emotional support to women struggling with breast cancer, as well as answer questions survivors may have.

Torrance Memorial offers a multi-disciplinary team and expertise to treat breast cancer patients. “Having a team of compassionate and caring experts right here in the South Bay allows us to provide the cutting-edge technology and psychological support to our breast cancer patients,” says Nancy Lean, director of the Hunt Cancer Institute.
Grant to Provide Education and Health Services to the Centinela Valley

WRITTEN BY CARLIE RICHMAN

A recent community needs assessment revealed children and adults living in the Centinela Valley—Inglewood, Hawthorne, Lennox, Los Angeles, El Segundo, Watts, Compton and Lawndale—were in need of additional dental care and mental health support. To provide assistance to our northern neighbors, Torrance Memorial Medical Center recently applied for and received a $500,000 California Community Foundation (CCF) grant, gifted from the Centinela Valley Medical and Community Fund.

The fund was established by a more than $50 million trust created from the sale of Centinela Hospital Medical Center to a for-profit corporation. It’s designed to promote and improve the health and quality of life of children and adults throughout the Centinela Valley.

“A key component is the utilization of a case manager,” says Claire Coignard, director of Health Education at Torrance Memorial. “This means once someone’s needs are identified, the referral information is provided and the individual is introduced to a physician, dentist, or mental health specialist.” She continues, “I like to call this ‘a warm handoff’ because the case manager engages as a support system for the individual, helping to guide them to the appropriate provider of care.”

According to Coignard, the grant will expand access to timely, affordable and high-quality health care and health promotion services—something many in the community have had challenges obtaining.

Over the next two years Torrance Memorial will partner with South Bay Children’s Health Center (SBCHC) to identify community health needs, as well as educate the community on the dental, mental health and medical resources available to them, linking residents with a medical and dental home. In addition, the grant will expand Healthy Ever After, a school-based nutrition program sponsored by Torrance Memorial’s Lundquist Cardiovascular Institute that teaches elementary school children about making better food choices and enlightens them on healthy lifestyles. It will also provide education about Affordable Care Act insurance coverage.
Seaside Elementary Students Offer Comfort to Burn Center Patients

Santa’s helpers proved “brown is the new red.”

Members of Brownie Troop 3625 from South Torrance’s Seaside Elementary School paid a pre-holiday visit to the Torrance Memorial Burn Center. The troop brought with them toys for young burn survivors to enjoy during their stay in the unit. The young ladies have been working to earn their philanthropy badge.

In addition, on January 30, the fifth grade class at Seaside hosted a school carnival for young Torrance Memorial burn survivors to meet, play and feel connected with other children who have experienced similar events. They had the opportunity to play in the snow, sled, play carnival games and collect prizes. Studies have shown that children suffer emotional effects from their injuries long after they have completed their physical recovery, so the event helped to serve as a step in their healing.

Second Chance at Life Inspires Giving Tuesday Gift

After experiencing nights without sleep and extremely swollen feet, a retired aerospace supervisor of computer operations, William Mullen, knew something was wrong with his health. He slid on his slippers, the only shoes that would fit, and drove himself to Torrance Memorial Urgent Care. Due to his symptoms, he was immediately sent to the Torrance Memorial Medical Center Emergency Department, where he underwent an echocardiogram and computed tomography (CT) scan. Doctors discovered an aneurysm had formed on his left aorta.

Mullen was transferred to the Intensive Care Unit (ICU), but he wasn’t in the clear yet. It was during his second night in the hospital that he went into cardiac arrest. The quick-thinking medical staff was able to bring him back to consciousness with a defibrillator, something the on-staff physician found remarkable.

Had Mullen stayed at home, he would not be here to share his story today. Mullen went on to spend three nights at Torrance Memorial, after which he was transferred to Keck Medicine of USC. Torrance Memorial has an affiliation with USC’s Keck School of Medicine to expand heart surgery services at the medical center in Torrance to provide expertise in a variety of complex heart procedures. A year has passed, and thanks to health care partners like Jack Sun, MD, thoracic and cardiac surgeon, Mullen has a new lease on life.

“If it wasn’t for Torrance Memorial, I would not be alive today,” he says.

On December 1, 2015, Mullen received an email from Torrance Memorial requesting donations for Giving Tuesday. Giving Tuesday was created in 2012 as a global movement to celebrate generosity and to give back. Observed on the Tuesday following Thanksgiving (in the U.S.) after the widely recognized shopping events Black Friday and Cyber Monday, #GivingTuesday kicks off the charitable season, when many focus on their holiday and end-of-year giving.

Mullen decided Giving Tuesday would be the perfect time to honor the experienced staff, nurses and physicians who saved his life just one year earlier.

“I donated on Giving Tuesday to give honor to all of the staff in the ICU who save lives every day,” Mullen says. “Thank you for giving me a second chance at life.”

The Torrance Memorial Foundation celebrated Giving Tuesday for the first time in 2015 to acknowledge that community support for local health care can take many shapes—large and small.

“Measure your net worth not by how much you have, but by how many you impact with your generosity,” Laura Schenasi, the executive vice president of the Torrance Memorial Foundation, says. “While Giving Tuesday is a great reason to give, Torrance Memorial is tremendously grateful for all gifts received year-round of any size.” She continues, “Each one in some way benefits the more than 800,000 lives in our service area.”

To learn about various types of gifts one can make to Torrance Memorial, visit www.torrancememorial.org/giving.
Fashion-Forward, HEALTH-FOCUSED

For fashion executive Harriet Bailiss-Sustarsic, good health is always “ready-to-wear.”

WRITTEN BY COLLEEN FARRELL | PHOTOGRAPHED BY KAT MONK

With a picture book highlighting the iconic creations of famed Hollywood costume designer Edith Head resting on the coffee table before her, Harriet Bailiss-Sustarsic leans forward from the sofa of her airy North Manhattan Beach home and thoughtfully ponders the current state of the retail fashion industry, with many established brands now working to reinvent themselves.

“Denim has lost a lot of cache. Women no longer want to spend $200 or more for a new pair of jeans,” she says. “Millenials are less motivated by brand recognition and are more concerned with authenticity. As a result, many of the junior big box retailers are struggling.”

She continues, “Malls are also being challenged to enhance the shopping experience through the addition of elevated food and spa environments. Everything is changing.”

After a successful 35-year career in fashion, Harriet is also undergoing a metamorphosis. “I’d like to reinvent myself,” she says. “I’m looking to apply my experience to create the next opportunity. What is the next thing?”

Her passion for her chosen industry can’t help but shine through. It’s one that despite her mother’s apprehension, guided Harriet as an undergraduate at California State University Long Beach away from her original path of becoming a school psychologist. Following her graduation with a bachelor of arts in psychology and French minor, she joined the executive training program at the now defunct Broadway Department Stores.

“Back in high school, I was always saving my lunch money and using it to go shopping,” she says. “I was very interested in the latest trends and products.”

Her zeal led to steady success. She rose through the corporate ranks in merchandising positions at ’80s and ’90s shopping mall fixtures Contempo Casuals, Rampage, Charlotte Russe, Guess and Wet Seal. Her climb continued through the 2000s with senior-level and consulting positions at denim heavyweights True Religion and J Brand, among others.

“It was fun and gratifying, but hard work too,” she says. “I have never had a dull day.”

Harriet shares her love of fashion with her 24-year-old daughter Lindsay, who would accompany her to shop the competition and attend fashion shows in Europe while growing up. Harriet and her only daughter have always been close, so during high school, when most young girls are developing their fashion sense, the two also began to notice concerning symptoms in Lindsay that couldn’t be ignored.

“She started getting very sick. I didn’t understand how serious and specific it was,” she says.

Lindsay was eventually diagnosed with several autoimmune diseases. It began with celiac disease, where the ingestion of gluten (proteins found in wheat and related grains) leads to damage in the small intestine. Following this, a visible butterfly rash on her face, led to the discovery of lupus, a chronic inflammatory disease that occurs when the body’s immune system attacks its own tissues and organs. She also had developed vasculitis, where blood vessels become inflamed. Most recently, doctors are calling her condition mixed connective tissue disease, a combination of diseases, also known as mixed lupus.

In 2011, a routine procedure to have her wisdom teeth removed was complicated by Lindsay’s weakened immune system. “It got to the point where she could barely talk. Lindsay knew something wasn’t right,” Harriet says.

Not given antibiotics following the procedure, Lindsay had become gravely ill due to an infection. Following a trip to the Emergency Department, she spent two weeks in and out of Torrance Memorial Medical Center’s Intensive Care Unit fighting for her life. With a sense of urgency, Eric Milechik, MD, an infectious disease specialist, ordered a test of her blood levels. It revealed she was battling sepsis, a potentially life-threatening complication. Sepsis occurs when chemicals released into the bloodstream to fight infection trigger inflammatory responses throughout the body. This inflammation can trigger a cascade of changes that can damage multiple organ systems, causing them to fail.

Lindsay was on the road to recovery from sepsis in the Pediatric unit, when she began complaining of shoulder pain. This led to the diagnosis of empyema, a condition during which fluid accumulates in the area between the lungs and the inner surface of the chest wall. Radiologist Albert Grabb, MD, made the discovery after viewing images from Lindsay’s computerized tomography (CT) scan. A spinal tap confirmed the diagnosis.

Lindsay recovered from both challenges. The lasting impressions made by the staff at Torrance Memorial led Harriet to want to find a way to express her gratitude. Around that time, Harriet’s long-time friend Wendy Klarik introduced her to Christy Abraham, a Torrance Memorial Foundation board member. Abraham suggested that Harriet join the Ambassadors, a Torrance Memorial support group, to which she readily agreed. Through gifts to the Torrance Memorial Foundation, the group’s mission is to educate and save lives by helping to sustain programs and services provided by the medical center’s Burn Center, Hunt Cancer Institute, Turpinjan Rehabilitation Services and Health Education Center.

“We were very impressed with the staff, and the level of care was amazing,” Harriet says. “They saved Lindsay’s life and I wanted to give back. Subsequently, I became aware of the programs supported through the Ambassadors, such as the Burn Center and Oncology Services. I’ve had people very near and dear overcome breast cancer at Torrance Memorial.”

Today Lindsay is making progress toward controlling her health issues through close monitoring and a health-conscious organic and gluten-free diet. After graduating from George Washington University with a marketing degree, like mom, Lindsay already has several big-name brands on her resume.

Meanwhile, as she has in fashion, Harriet continues to trust her instincts when it comes to her next career move and her support of local health care.

“Lindsay and I have learned through our journey that you have to follow your intuition and be your own advocate when it comes to navigating the health care system,” Harriet says. “I feel very comfortable knowing we have a really good hospital in our own backyard.”

For more information on the Ambassadors annual giving program, visit torracememorial.org/ambassadors or call Judith Gassner, senior director of Development and Principal Gifts, at 310-517-4704.
When someone has a stroke, the timing of intervention can make the difference between life or death and debilitating loss of brain function. Studies have shown that prompt access to a neurologist reduces mortality or the long-term disabling effects of a stroke.

To ensure round-the-clock stroke coverage is available to South Bay patients, Torrance Memorial Medical Center’s Lundquist Cardiovascular Institute has collaborated with Cedars-Sinai Medical Center to develop a Telestroke program to offer 24/7 access to stroke specialists and expedite the transfer of patients when higher-level intervention is needed.

The program’s launch at Torrance Memorial is made possible by a $250,000 gift to the Torrance Memorial Foundation from Francesca and Doug Deaver of Redondo Beach.

“This partnership will facilitate instant collaboration between health care providers and stroke neurologists to produce a high accuracy diagnosis and result in the most effective treatment,” says Eric Nakkim, co-medical director, Lundquist Emergency Department, Torrance Memorial Medical Center. “Research shows that Telestroke improves outcomes, reduces patient risks, decreases ambulance transport, shortens hospital stays and lowers costs through more timely and accurate diagnosis. We’re very excited to offer this continuum of care to our patients.”

Through Telestroke, the videoconferencing technology will enable specialists at Cedars-Sinai to communicate with Torrance Memorial’s emergency room team to examine the patient, interpret brain images, confirm the diagnosis and provide recommendations, just as if they were at the bedside.

The evaluating physician will recommend in the case of ischemic stroke (which occurs as a result of an obstruction within a blood vessel supplying blood to the brain) whether tissue plasminogen activator (TPA), a clot-busting medication, is needed. According to the American Heart Association, each 15-minute span between the onset of ischemic stroke (the cause of nine out of 10 strokes) and the delivery of TPA is an average of one month of disability-free life lost for that patient. Immediate intervention in the case of hemorrhage stroke is just as critical.
In 2015, neurologists Jeffrey Kim, MD, and Ben Tseng, MD, joined the Torrance Memorial Physician Network to provide rapid daytime access to the more than 450 stroke patients who enter Torrance Memorial’s Emergency Department each year. In the event neither doctor is immediately accessible at bedside, one of four Cedars-Sinai neurologists: Patrick Lyden, MD, Shlee S. Song, MD, Konrad Schlick, MD, or Mani Nezhad, MD, are available to instantly assess the patient via two-way audiovisual communication.

“Strokes can occur at any time and it is important to have access to urgent neurologic evaluations by experts that can help decide whether patients are eligible for TPA or other interventions as quickly as possible. We’ve all seen the data and patients have a greater chance for better outcomes and independence with early treatment,” says Song. “Time is brain.”

The Deavers’ gift helps bring to Torrance Memorial the RP-Lite®, Mobile Remote Presence Solution, a robot-like system that includes a camera, monitor and laptop station affixed to a stand on wheels. Its patented design facilitates immersive two-way audiovisual communication between a patient and physician. When positioned adjacent to the bed, the RP-Lite’s design allows a camera and directional microphone to fully engage the patient and doctor in face-to-face interactions. The system, used in combination with InTouch Health’s workflow solution and cloud connectivity maximizes the real-time interactivity and instant transport of vital, life-saving information.

“As a proud resident of the South Bay, I am aware of how fortunate I am to have had opportunities in business and to raise a family in this community,” says Francesca Deaver. “My father was active in his support of our community hospital, Torrance Memorial, which has become a thriving medical center. Our children and grandchildren were also born there. Our personal philosophy is simple; we have a responsibility to do what we are able for our community at all times. We feel fortunate and humble to be a part of the legacy of Torrance Memorial.”

To learn more about Torrance Memorial’s stroke program, visit www.torrancememorial/stroke_center.

In 2009, Torrance Memorial became the first hospital in Torrance to receive the Joint Commission’s Certificate of Distinction as a Primary Stroke Center. This designation recognizes centers that make exceptional efforts to foster better outcomes for stroke care. In addition, for the third straight year, Torrance Memorial has also received the American Heart Association/American Stroke Association’s Get with the Guidelines® Stroke Gold Plus Quality Achievement Award. The award honors the hospital’s commitment and success to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines.

Meanwhile, Cedars-Sinai has earned Comprehensive Stroke Center status, the highest-quality achievement possible under the Joint Commission guidelines. Awarded to centers that pass a rigorous on-site review and a thorough examination of the program and patient care, the certification recognizes the center’s commitment to following national standards and guidelines that can significantly improve outcomes for stroke patients.
James Burt is proud to call himself a third-generation “El Segundo–an.” His roots run deep, starting with his grandfather—a 42-year employee of Chevron. His father bounced around in the aerospace industry. His mother was an accountant for the El Segundo school system.

Today, Burt still maintains two El Segundo properties dating back to the 1920s. Although he’s lived in Carson since 1968, he is fixing up one of the El Segundo homes with plans on moving back to the space he remembers fondly.

Burt vividly remembers waking up for school to the sound of planes. “I used to know by the sound of the engine what model plane it was,” he recalls. Today, other than early morning or during an important phone call, he hardly notices the roars of the engines.

Burt has another El Segundo connection. He is an active Eagle Scout with troop 267. He’s volunteered with the group for 35 years, with the last 20 as assistant scout master. He is proud that along the way, he’s been able to help young men achieve the rank of Eagle Scout. “It gives you independence in reality and the kind of guidance and ability to do things on your own,” he says of the Eagle Scouts. “It helps you accomplish things you couldn’t accomplish and teaches you survival skills most people don’t have today.”

Although Burt is now retired, he spent many years advancing his education and working in civil and corrosion engineering, in addition to time as a facility planning expert. In 2010, he retired from his position of senior engineer at Caltrans and began managing environmental issues on construction sites for District 7, which covers Los Angeles and Ventura counties. He was involved in the construction and inspection of state highway bridges to ensure their integrity.

In addition to earning two master’s degrees while working full-time, Burt married, divorced and raised two children in the South Bay. His daughter currently lives in New York, but his son passed away in 2011. After his son fell ill due to a burst appendix, Burt said an issue with insurance sent his child into bankruptcy over the hospital bill. The heartbreaking experience was one of several that steered Burt to give back to his community hospital.

Burt had another experience during the final years of his mother’s life. At this point she had undergone two hip replacement surgeries and was in need of family assistance.

Burt is also fond of Torrance Memorial Medical Center’s own Mark Lurie, MD. When it was suggested that Burt see a cardiologist in 1998, he chose Dr. Lurie, who was later the attending physician for Burt’s angiogram at the hospital. The procedure went smoothly and Burt’s fears were allayed by the calming and assuring nature of the doctor.

“Dr. Lurie is very direct and to the point with his evaluations,” Burt says. “He always listens to my questions and concerns while responding to them straight away.”

Burt adds, “My experience with the Radiation Oncology department and personnel last spring was also a factor in my decision to contribute to the hospital Foundation. The staff was very friendly and cheerful. I stop by from time to time and say hello to them.”

These personal experiences and visits left Burt knowing he wanted to give back to Torrance Memorial and leave a legacy in a place so vital for so many. Burt’s wish is that no one goes without proper medical care, regardless of the expense. Using a portion of his IRA distributions also provides benefits in his tax planning each year.

“You do things like this to give back—something scouting teaches you,” he says.

The Nuts and Bolts: An IRA Qualified Charitable Rollover

James Burt is making a donation to the Torrance Memorial Foundation using his IRA Required Minimum Distribution (RMD) to make a Qualified Charitable Distribution (QCD)—also known as an IRA Charitable Rollover. His planned annual giving of $25,000 will be spread over six years.

This QCD benefit for taxpayers was made permanent by Congress and signed into law by the President on December 18 of last year. It was included in the PATH Act (Protecting Americans Against Tax Hikes) of 2015. It allows individuals 70½ years and older to gift up to $100,000 from their IRA and have it qualify for their RMD. The distribution comes directly from the IRA administrator to Torrance Memorial and does not have to be listed as income on the individual’s tax return. Distributions from IRAs are taxable, so the QCD avoids the taxes.

To learn more about this and other types of Planned Gifts, visit torrancememorial.org/plannedgiving or contact Sandy VandenBerge, director of Planned Giving, at 310-784-4843.
Financial Health Checkup: Everyone Should Have an Advance Health Care Directive

WRITTEN BY ERIC J. HARRIS, ESQ., 2016-2017 CO-CHAIR TORRANCE MEMORIAL PROFESSIONAL ADVISORY COUNCIL

If you are an adult resident of California who is competent to make health-care decisions, no matter who you are, you should have an advance health care directive.

What is an advance health care directive? It is a written document, signed and notarized (or witnessed by two persons not named in the document) wherein you:

- Appoint a person known as your "agent" who can make health-care decisions for you if you are unable to do so (also known as your "agent under power of attorney for health-care decisions")
- Make instructions regarding your end-of-life decisions (optional)
- Make instructions regarding organ donation (optional)
- Grant your agent post-death authority to authorize your autopsy and deal with your bodily remains
- Make other relevant instructions that may be useful to your agent and/or health-care providers

The act of making a directive will likely spur valuable discussions between you and your appointed agent regarding your wishes. It is important to select an agent with a personality type who will not be paralyzed when making informed decisions and who will also intelligently advocate on your behalf. Leaving clear instructions may alleviate guilt and provide your agent with determination to carry out your wishes.

When making a directive it is often helpful to speak with your primary physician, professional care manager (if any), and estate planning attorney. Your estate planning attorney can assist you with putting your wishes into writing. In terms of drafting a directive, it is usually better to make statements about your values and general wishes rather than make overly specific statements regarding treatments that might potentially tie the hands of your agent or medical providers.

For that reason, directives based on the statutory form found in the California Probate Code or the Five Wishes tend to be popular and effective:

- The California Medical Association provides a low-cost form that can be ordered online: bit.ly/DirectiveKit
- The California Hospital Association provides a form as a free download online: bit.ly/1Lp6TGe
- Aging with Dignity provides a low-cost advance health-care directive called Five Wishes that can be ordered online: agingwithdignity.org

A custom attorney-drafted directive will typically incorporate the best elements of the above-described directives while including more specific values statements, more flexible agent provisions, and additional health-care-related information specific to your health conditions and circumstances. Also, many people opt to include specific provisions regarding burial or cremation, including the ceremonial scattering of ashes, or religious-based instructions or prohibitions. For example, a Jehovah’s Witness may include statements about refusing blood transfusions or treatments containing blood derivatives.

A Physician Orders for Life-Sustaining Treatment (POLST) is not a substitute for an advance health care directive. A POLST is a separate legal document signed by both a person and his or her physician that covers the person's end-of-life treatment. Even though a POLST can be very helpful in instances when a person is likely nearing the end of his or her life, it is typically unnecessary in most other instances. If you opt to set up a POLST, be sure that it syncs with your advance health care directive to avoid possible confusion.

After you set up a directive you should make sure that it is accessible to your appointed agent and to health-care providers. You should give a copy of your directive to your agent. Even so, if you are involved in an accident, how will your health-care providers obtain access to your directive?

You may submit a copy of your directive to the medical records department at Torrance Memorial Medical Center to be kept on file. The California Secretary of State maintains an Advance Health Care Directive Registry that allows a person to register his or her directive, including the identity of your agent and a description of the place of deposit or safekeeping of your directive: www.sos.ca.gov/registries/advance-health-care-directive-registry/

Also, companies such as DocuBank and Legal Directives will store your directive and issue you a plastic emergency identification card so that first responders and health care providers will have immediate, 24/7, worldwide access to your directive. This may be very useful if you tend to do a lot of traveling.

If you fail to set up an advance health care directive, medical providers may do their best to attempt to ascertain your wishes from whoever happens to be available. This might include family members or other persons who do not want involved in such matters. In other instances, the county office of the public guardian may get involved in appointing a legal representative to make health care decisions on your behalf (called a conservator). Conservatorships will usually cost you a substantial amount of time and money to set up.

Because the cost of setting up a directive could be minimal to virtually free, it behooves you to set one up right away. The discussions that will likely take place between you and your agent while going through the process will be a valuable exercise for all involved and you will likely be respected for proactively taking responsibility over this aspect of your life and death.
2016 MONTHLY SEMINARS

MAY 14
RETIREMENT, 401(K) & IRA PRESERVATION STRATEGIES 101
• The most underutilized recipe for success and happiness during retirement
• Planning for lifelong income during an era of rising taxes
• Leaving money to the people you love instead of an IOU to the IRS
PRESENTERS: Christian Cordoba, Financial Consultant and Ed Kelly, CFP®

JULY 9
BOOT CAMP FOR EXECUTORS
• Key concepts and terms in plain English
• Duties and responsibilities of the settlement process
• Preparation today to mitigate challenges in the future
PRESENTERS: Eric Harris, Attorney Co-Presenter, TBD

AUGUST 13
INVESTMENT PLANNING: A PRIMER ON MUTUAL FUNDS
• Overview of funds, share classes and expenses
• Active versus passive investing
• Research options and fund selection
PRESENTERS: Gregory Schill, CFP® and Stephen Connors, CFP®

OCTOBER 8
YEAR-END TAX PLANNING
• Income tax strategies
• Charitable giving consideration
• Estate planning techniques
PRESENTERS: Scott Donnelly, CPA and Stephen Conners, CFP®

JUNE 11
FAMILY MATTERS: MULTI-GENERATIONAL LEGACY PLANNING (PANEL)
• Transferring assets to future generations without destroying their futures
• When is the right time to talk to your children about your money?
• Issues to avoid for families of wealth
PRESENTERS: Troy Martin, Attorney, Derrick Kawamoto, Financial Planner, Mark Tsujimoto, Moderator

JULY 9
ESTATE PLANNING: AVOIDING THE PITFALLS OF PROBATE
• What is an estate plan?
• How do I plan for different types of assets?
PRESENTERS: Stephanie Buzari, Attorney and Cristin Rigg, CFP® CDFA®

PROFESSIONAL ADVISORY COUNCIL:
Taking Care of Your Financial Health

Torrance Memorial’s Professional Advisory Council (PAC) is a volunteer group of attorneys, financial planners and CPAs brought together by the mission of educating the community on the benefits of charitable tax and estate planning. As part of PAC’s community outreach, this group of professionals has volunteered their time to conduct a series of informative interactive seminars on a variety of financial topics. These free seminars are strictly educational—no products or services will be sold to attendees.

Sessions: Saturdays, 9 to 11 a.m. Complimentary Breakfast
Location: Torrance Memorial Medical Center, Richard B. Hoffman Health Conference Center
RSVP to Torrance Memorial Foundation at (310) 517-4728

Changes to topics and presenters are not likely, but possible.
In the Name of HEALTH

O. Allen Alpay puts money to work to create a community health legacy.

WRITTEN BY COLLEEN FARRELL | PHOTOGRAPHED BY LAUREN PRESSEY
As a boy, O. Allen Alpay’s father would regularly ask his son if he could borrow back $20 he had previously paid him as allowance. His father would later return the money to Alpay, plus 100% interest.

“I thought he was running out of money, but he was trying to set an example about how money should be used and put to work,” Alpay says. “I was very lucky to have great parents. More than anything else, they taught me to strive to be the best in everything—from education to life in general. I was raised to be independent, as well as self-sufficient. Back then there were no handouts.”

Alpay’s father would regularly assign him odd jobs, such as changing the antifreeze in the family car. As a result, Alpay learned what he calls “a must” for success in life—how to be “a doer.” He did everything he could to earn extra spending money, from busing tables on Coney Island after he graduated from high school, to waiting at the gates of canneries in Sunnyvale, California at 6 a.m. to pick up work during summer breaks in college.

Today at 81, Alpay is redirecting that work ethic toward a new priority—giving back to his community. In December of 2015, Torrance Memorial Medical Center announced a $10 million gift by Alpay to name the O. Allen Alpay East Wing, which houses Torrance Memorial’s Emergency Department and Labor and Delivery unit. The donation was inspired in part by a stay at the medical center following spine surgery.

“On many occasions, I—and members of our family—have used the services of Torrance Memorial. We are always very impressed with the care we receive, especially from the nursing staff,” Alpay says. “When the opportunity presented itself to name the East Wing, I was very happy to do what I believed was my responsibility as a community member. Each day the East Wing celebrates the birth of a whole new set of lives in the Labor and Delivery unit, while saving many others in its Emergency Department.”

He continues, “A donation to this world class organization seemed to be the right thing to do.”

Alpay has always had a keen sense for the next right thing to do. He set out with “no particular dream or certain goals,” but instead focused on creating success one step at a time. He excelled at virtually every subject in school, including art and architecture.

“All of my high school teachers thought I would go to medical school. I was good in biology and science, but I couldn’t stand the sight of blood,” he says. It was literally a coin flip that determined his future. Upon graduation, he decided to follow in the footsteps of his father, a Stanford University-educated engineer, and set out for the University of Texas in Austin to pursue a degree in engineering.

“I was a big fan of movies and westerns with cowboys playing guitars and wearing white hats,” he says. “I had this romantic notion about Texas that turned out to be completely different from reality. At that time Austin was a one-horse town with just 7,000 students. There wasn’t much social life.”
Alpay received a scholarship to make his emphasis petroleum engineering and geology, as the prominence of oil exploration grew in the 1950s. From there, he earned a master's degree from University of Pittsburgh, followed by a doctorate from Purdue University—both in engineering.

While earning his PhD, he worked as a summer intern at Standard Oil's oil production research affiliate, Pan American Petroleum in Tulsa, Oklahoma. Upon graduation, he joined the company as a senior research engineer.

“In the '50s after World War II, oil was the future of exploration. Working in the oil industry is not thrilling. But the high degree of sophistication in every aspect of the technology, from exploration and drilling to production and refining, is mind-boggling,” he says. “Safely drilling a straight hole just 10,000 feet into the ground is no small feat.”

In the 1970s, Alpay realized that computers, not oil, were going to be the future. While working toward a master's degree in mathematics from the University of Tulsa, he decided to instead move to California to pursue a degree in computer sciences and joined THUMS (a consortium of the five major oil companies, Texaco, Humble, Union, Mobil and Shell) as a senior engineer. THUMS was the contractor for the city of Long Beach, tasked with the development and operation of oil deposits lying offshore. Alpay also briefly taught a graduate course in the petroleum engineering department at the University of Southern California.

Alpay's left brain interests led him to pursue literature, spanning every subject from the classics to detective fiction to psychoanalysis. But his right brain would not be left to rest. He also took up painting, which helped lead to his romantic fate. A clincher was when Beverly, an art enthusiast, took him for a serious artist, seeing influences of the cubist, Pablo Picasso, in one of his paintings.

Following Alpay's move to California, absence made the couple's hearts grow even fonder, but a health crisis would seal the deal. Following a thyroid operation, Beverly came out to California and spent the summer caring for Alpay.

“When I awoke from surgery Beverly's face was the first I saw,” Alpay says. “That was really when I knew, I wanted to spend the rest of my life with her.”

After their wedding, the couple went to work designing and building their Palos Verdes Peninsula home and continued to share their love of the arts, growing a collection of oils, watercolors and sculptures.

Beverly continued her career as an eighth-grade English teacher at Dapplegray Intermediate School. She later became a school administrator for the Palos Verdes Unified School District.

More than a decade following her premature passing, Alpay made a $2 million donation to the Palos Verdes Art Center in 2011 to name the Beverly G. Alpay Center for Arts Education. Beverly had volunteered at the Art Center for nearly a decade, where she served as president and chair of the board. In 1996, she received the Medici Award, the Art Center's highest honor.

Alpay's involvement in his business affairs runs much deeper. After rising at 4 a.m. daily for a three-mile walk, she notes he “works like he is still 40.”

It was the arts that also brought this couple together a few years ago, following an introduction by a mutual friend at the Palos Verdes Arts Center.

In addition to Alpay's work and his daily quest to complete The New York Times crossword puzzle in ink, the couple spends time viewing Alpay's collection of nearly 3,500 movies on DVD and traveling. But with friends, family and their community in mind, they are intent on leaving something greater behind.

“This gift is the legacy for which I would most like to be remembered. It also serves to honor my late wife Beverly who exemplified what volunteerism and service to the community is all about,” Alpay says. “I hope it will inspire and motivate others to step up and do what they can to give back to their community in any way they can.”
Torrance Memorial Medical Center announced a $10 million gift by O. Allen Alpay, a 45-year Peninsula resident and grateful former patient. The gift will name the O. Allen Alpay East Wing, which houses Torrance Memorial’s Emergency Department and Labor and Delivery Unit.

The gift was formally announced during the hospital’s 32nd Annual Holiday Festival Gala on Friday, December 4, 2015. In total, Holiday Festival 2015 raised more than $11.2 million, which includes sponsorships and major gift announcements.

More than 15,000 community members enjoyed the six-day event hosted under a 30,000 square foot white tent on the Torrance Memorial campus. Festivities included a display of 32 themed, decorated trees, a Fashion Show, Gala Dinner, Santa Lunch, two Seniors Days and the South Bay's largest Holiday Shopping Boutique.
IN YOUR COMMUNITY

LISA HANSEN, STEVE HANSEN

AYNE BAKER, JACK BAKER, SIGRID ALLMAN

BRENDA NOWATKA, PRISCILLA HUNT

DRS. OI-LIN AND TEI-FU CHEN

RALPH SCRIBA, CRAIG LEACH, LORAINE SCRIBA

STEVE MORIKAWA, CRAIG LEACH

CRAIG QUINN, LOUIS GRAZIADIO, COLLEEN QUINN
AND BETH GRAZIADIO HAVE FUN WITH SELFIE STICKS

BLAKE EDWARDS, MEREDITH EDWARDS,
ALLYSON SHEN, ALEX SHEN, MD

FRONT: SAM FENG, ROSE FENG
BACK: SANDY VANDENBERGE

ELAINE MCRAE, TOM SIMKO, MD,
THYRA ENDICOTT, MD, JONATHAN CHUTE

RAY O’DELL, JEAN O’DELL
Parade of Sophisticated Fashions Raises Money for Torrance Memorial

A sold-out, high-fashion runway show kicked off festivities at Torrance Memorial’s week-long 32nd annual Holiday Festival. The show featured creations by designer Mi Jong Lee of the women’s luxury line Emmelle. The week of family activities is supported by hundreds of community volunteers who work throughout the year to make the event a success. Festivities included a Friday night Dinner Gala, which featured a silent and live auction under the Holiday Festival tent.
IN YOUR COMMUNITY

ADRIANA POPOVICH, CAROLE HOFFMAN

ANN GILTNER, JUDY LEACH, DOLLY ROUSE, M’LYSSA MEYERS

KELLI PIKEN, NADINE BOBIT, LINDA PERRY, NINA TARNAY

PAT LUCY, CATHERINE SCHNEIDER

SIGRID ALLMAN, BARBARA BARTNER

KARLY RIGG, KIM RIGG, RUTH DANIELS, KELLY RIGG

CAROLYN SNYDER AND POODLE (DESIGNED BY ROLLING HILLS FLOWER MART)
Lunch with the Man in the Red Suit

South Bay families spent the afternoon presenting Santa with their wish lists and enjoying face painting, crafts and clowns during the final day of Holiday Festival. More than 200 turned out for the seventh annual Lunch with Santa event sponsored by The Kenneth T. and Eileen L. Norris Foundation and hosted by the Luminaries and Novas, parent/child support organizations for Torrance Memorial Medical Center. Each guest received admission to the Holiday Festival tent, where they could enjoy the winter wonderland of decorated trees.
YPPA and Ambassadors Kick Off Holiday Festival with Cheer

The Ambassadors, Torrance Memorial Medical Center’s premiere support group, and the Young Physicians and Professionals Alliance (YPPA), a group established to bring together young physicians and successful professionals in the South Bay community, united under the big white tent the Sunday before Holiday Festival to kick off the week-long festivities. Attendees were invited to vote on the Festival’s tree entrants to select winners in categories that included “Best Children’s Theme,” “Most Original” and “Best Tree Design.” Guests mingled and enjoyed musical entertainment while taking in the sights of the more than 30 themed, decorated trees on display.
YPPA Fall Event Recognizes Commitment

Torrance Memorial Medical Center’s Young Physicians and Professionals Alliance (YPPA) gathered at the Palos Verdes Estates home of Dawn and Bo Kaplan for a private, members-only event of dinner and cocktails. Guests mingled and enjoyed a casual evening meant to recognize members for their commitment to the YPPA. For more information call 310-517-4728 or visit torrancememorial.org/YPPA.

YPPA Walks the Walk

Local hikes have proven to be one of the more popular YPPA events, providing members and prospective members a chance to get to know one another while enjoying the great outdoors. In January, joined by some four-legged friends, the group hosted its second hike in scenic Lunada Bay with views overlooking the Pacific Ocean and our beautiful coastline. The nearly two-hour hike was led by Torrance Memorial Medical Center’s own cheerleader, Laura Schenasi. In case you missed out on this one, additional hikes are being planned for the spring and summer.
YPPA Celebrates Fat Tuesday

YPPA gathered for its third annual Beer Tasting event at Torrance craft beer maker The Strand Brewing Company. Featured at the event was an authentic king cake from New Orleans. The individual who found the toy baby inside the cake won $50 in playing chips for the group’s April 30 Casino Night Fundraiser.

Light Up a Life Event Honors Those Loved and Lost

Torrance Memorial Hospice hosted its 20th annual Light Up a Life event Sunday, November 15 at Torrance Memorial Medical Center’s Hoffman Health Conference Center. The tree lighting ceremony and fundraiser, held in honor of National Hospice & Palliative Care Month, was an opportunity to celebrate, reflect and honor a loved one’s life.

Nearly 300 people attended. Funds raised from the event support the Torrance Memorial Hospice program and assist those who cannot afford hospice care. Services include medications, equipment and skilled nursing care, bereavement and spiritual counseling. To learn more about Torrance Memorial Hospice, visit torrancememorial.org/hospice.
As 74th secretary of the U.S. Treasury (2006-2009), former CEO of Goldman Sachs (1999-2006), and chairman of the Nature Conservancy (2004-2006), Henry M. Paulson, Jr. has played a critical role in many events that have shaped our nation. He led Goldman Sachs in its unprecedented, exponential growth, helped to end U.S. involvement in the Vietnam War, and worked on bridging the gap between the United States and China. As one of the most powerful voices on today’s geo-economic landscape, Paulson addressed and took questions from Torrance Memorial Medical Center’s donors at a private reception at Shade Hotel in Manhattan Beach. The reception preceded his appearance at the Distinguished Speaker Series of Southern California held at the Redondo Beach Performing Arts Center later that evening. Torrance Memorial is a sponsor of the series.
Update on the Politics of Breast Cancer—Women of the Ambassadors

On March 9, the women of the Ambassadors came together to hear Patricia Sacks, MD, medical director of the Vasek and Anna Maria Polak Breast Diagnostic Center, explore the breast cancer advocacy movement. Sacks covered the recent controversy over frequency and age a woman should receive a mammogram, advances in detection and genetic testing, financial implications of breast cancer, available social support services, and research funding status. She also highlighted courageous women in history who found their voices and became activists at a time of limited treatment options. These include, Rose Kushner, Shirley Temple Black, first lady Betty Ford and Happy Rockefeller, the wife of Vice President Norman Rockefeller. Each openly shared experiences and crusaded for the right to become educated and make choices. For more information on the Ambassadors annual giving program, visit torrancememorial.org/ambassadors.
Torrance Memorial Would Like to GIVE SPECIAL THANKS to Our Many Supporters

GIFTS FROM AUGUST 11, 2015 - MARCH 31, 2016

$10,000,000
O. Allen Alpay

$2,000,000 +
Melanie and Richard Lundquist

$500,000 +
California Community Foundation
Oi-Lin and Tei-Fu Chen
- Sunrider International
Priscilla and Donald Hunt
Elaine B. Jerome
Norris Foundation

$100,000 - $499,999
American Honda Motor Co., Inc.
James P. Burt
California Community Foundation
Elaine and Ron Florance
George & Reva Graziano Foundation
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Dr. Rachel Knopoff
and Dr. Russell Dickerson
Dr. Albert Grabb
Dr. Heidi and Erin Hoffman
Dr. Richard and
Kathleen Krauthamer
Dr. George So and
Dr. Hsin-Yi Lee
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Dr. Mitchell and Fay Sklar
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Kathleen Krauthamer
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Dr. Mitchell and Fay Sklar
Debra and Jerry Soldner
Murray Company
Gelareh and
Houman Solomon, M.D.
Dr. David and Kimberly Stone
Jan and Ian Teague
Janice and Timur Tecimer
Torrance Emergency Physicians

† Deceased
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Virginia and Donald Whinfrey
Francis and Stanley Zee

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Renee and Doug Henry
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Daniel Hovenstine, M.D.
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"Torrance Memorial’s growth and vision are important to our entire community. Each gift makes a difference, and we extend our sincere gratitude to every donor who helped make another successful year possible."
Celebrating 90 Years
With Volunteers Over 90

Ninety years ago, the vision of the city founder, Jared Sidney Torrance and his wife Helena Childs Torrance, was realized when the doors to the 32-bed Jared Sidney Torrance Memorial Hospital opened in old Torrance. To celebrate this milestone, in September, Torrance Memorial honored 12 hospital volunteers who are more than 90-years-young. Guests also traveled back in time to experience the music, cars and clothing of 1925.

Auxiliary Presents Final Healing Garden Check

Torrance Memorial’s Auxiliary presented a check for $262,000 to the Torrance Memorial Foundation at its 2016 Auxiliary Board Installation Lunch. The check is the final installation in a $1 million pledge to name the Lundquist Tower’s Healing Garden. The nearly 900-member Auxiliary collected the money through various fundraisers and proceeds from the Torrance Memorial Gift Shops. In addition, the Auxiliary announced the installation of its 2016 board and the luncheon under the theme, “You Are the Star!” This year Torrance Memorial Medical Center celebrates the Auxiliary’s 65th anniversary of volunteering and serving Torrance Memorial and the South Bay.
AMBASSADORS
A vital link to our community

TORRANCE MEMORIAL’S AMBASSADORS ARE PHYSICIANS, NURSES, VOLUNTEERS AND COMMUNITY MEMBERS WHO UNDERSTAND THE IMPORTANCE OF SUPPORTING INNOVATIVE AND CRITICAL COMMUNITY SERVICES.

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