Dear Community Member,

As a courtesy, Torrance Memorial Medical Center maintains a list of non-skilled home care service providers as a community resource. Although we provide this information, Torrance Memorial is unable to recommend any business not affiliated with the hospital.

The employees and volunteers of Torrance Memorial Medical Center support the institution's values of service, excellence, knowledge, stability, and community. To this end, we behave in a manner that reflects these values.

**Service** ~ We value service as our special ability to administer compassionate health care and support to people in need of assistance.

**Excellence** ~ We value excellence as the standard of performance for which we strive in the provision of health care services and in our relationships.

**Knowledge** ~ We value knowledge as an essential component critical to our work environment and to the care we provide.

**Stability** ~ We value stability as the foundation upon which a viable institution is maintained.

**Community** ~ We value community as the interdependent group of diverse people who are drawn together to provide services at Torrance Memorial Medical Center.

In accordance with these standards, we have established the following criteria that must be met by non-skilled home care service providers in order to be included on this resource list:

* Must provide service in the South Bay
* Minimum of 3 years in business under same business name (unless name changed due to business merger or acquisition with a franchise)
* Proof of current business license
* Proof of current liability & bonding insurance w/ minimum of $1,000,000 per occurrence
* Proof of current workman’s compensation insurance coverage
* Proof of current DSS license

**NOTE:** We practice primary source verification as a policy, and request to see original documents. From the original document, we make a photocopy which is kept on file.

The following agencies have met the above criteria.
<table>
<thead>
<tr>
<th>NAME</th>
<th>ADDRESS</th>
<th>PHONE</th>
<th>DSS License</th>
<th>TYPE(s) OF HOME CARE SERVICE PROVIDED</th>
<th>Rate Per Hour See Facility</th>
<th>Affiliations</th>
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<tr>
<td>Torrance Memorial Home Healthcare</td>
<td>3330 Lomita Blvd. Torrance, CA 90505</td>
<td>310-784-3739</td>
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<td>CAHSAH</td>
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<tr>
<td>123 HOMECARE</td>
<td>3407 W. 6th St. #709 Los Angeles, CA 90020</td>
<td>310-361-8558</td>
<td>194700189</td>
<td>X X X</td>
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<tr>
<td><a href="mailto:LA@123HomeCares.com">LA@123HomeCares.com</a></td>
<td></td>
<td>Fax 310-361-8559</td>
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<td>24 hr Home Care Buddies</td>
<td>3655 Torrance Blvd. #300 Torrance, CA 90503</td>
<td>310-756-5666</td>
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<tr>
<td><a href="mailto:bvillanueva.rn@gmail.com">bvillanueva.rn@gmail.com</a></td>
<td></td>
<td>Fax 310-548-0100</td>
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<td>1Heart Caregiver Services</td>
<td>18455 Burbank Blvd. Ste. 210 Tarzana, CA 91356</td>
<td>818-906-4441</td>
<td>194700416</td>
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<td><a href="http://www.southbay.1heartcares.com">www.southbay.1heartcares.com</a></td>
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<td>Fax 818-924-4217</td>
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<td>AAA T.L.C.</td>
<td>16133 Ventura Blvd #900 Encino, CA 91416</td>
<td>818-380-6585</td>
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<td><a href="http://www.AAATLC.com">www.AAATLC.com</a></td>
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<td>Fax 818-905-9754</td>
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<td>A Peace of Mind Home Care</td>
<td>4000 Palos Verdes Dr. N Ste 100 Rolling Hills Estates, CA 90274</td>
<td>310-377-3776</td>
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<td><a href="http://www.apeaceofmindhomecare.com">www.apeaceofmindhomecare.com</a></td>
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<td>Fax 310-377-3779</td>
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<td>ActivPlus Elderly Care</td>
<td>2230 W. Chapman Ave Suite 200 Orange CA 92668</td>
<td>800-414-0472</td>
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<td><a href="http://www.alwaysbeyhomecare.com">www.alwaysbeyhomecare.com</a></td>
<td></td>
<td>Fax 888-346-4032</td>
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<td>Always Best Care</td>
<td>21250 Hawthorne Blvd, Suite 500 Torrance, CA 90503</td>
<td>310-792-8666</td>
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<td>Fax 792-8666</td>
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<td>Always Right Home</td>
<td>3838 Carson Street, Suite 314 Torrance, CA 90503</td>
<td>310-316-8343</td>
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<td>Amada Home Care</td>
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<td>3812 Sepulveda Blvd, Suite 535 Torrance, CA 90505</td>
<td>310 953-0440 Fax 310 953-0442</td>
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<td>American All Care Services</td>
<td><a href="http://www.americanallcareservices.com">www.americanallcareservices.com</a></td>
<td>5150 Wilshire Blvd #360 Los Angeles, CA 90036</td>
<td>323-934-4749 Fax 323-965-8574</td>
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<td>Amity In Home Care Services</td>
<td><a href="http://www.AmityInHomeCare.com">www.AmityInHomeCare.com</a></td>
<td>1360 West 6th Street San Pedro, CA 90732</td>
<td>310-514-1145 Fax 310-514-1144</td>
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<td>Angel Connection Nursing Service</td>
<td><a href="mailto:admin@angelconnectionservices.com">admin@angelconnectionservices.com</a></td>
<td>4401 Atlantic Avenue Suite 405 Long Beach, CA 90807</td>
<td>562-984-2714 Fax 800-876-9244</td>
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<td>Assistance In Home Care</td>
<td><a href="mailto:ramona@assistanceihc.com">ramona@assistanceihc.com</a></td>
<td>21515 Hawthorne Blvd Suite 200 Torrance, CA 90503</td>
<td>424-306-2258 Fax 424-201-2201</td>
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<td>At Home with Care</td>
<td><a href="http://www.atomewithcare.com">www.atomewithcare.com</a></td>
<td>2512 Artesia Blvd Suite 305 E Redondo Beach, CA 90278</td>
<td>310 798-2700 Fax 310-379-9868</td>
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<td>Attentive Home Care, INC</td>
<td><a href="http://www.attentivehomecare.com">www.attentivehomecare.com</a></td>
<td>2020 N. Broadway STE 300 Santa Ana, CA 92706</td>
<td>800-731-0071 Fax 714-245-0347</td>
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<td>Baby Boomers In-Home Companions LLC</td>
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<td>316 West Carson St., Ste 203 Carson, CA 90745</td>
<td>310-618-4392 Fax 424-271-9306</td>
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<td>Blue Sea Care Services</td>
<td><a href="http://www.bluesecarecare.com">www.bluesecarecare.com</a></td>
<td>209 ½ Main Street Seal Beach, CA 90740</td>
<td>888-814-0119 Fax 888-814-0119</td>
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<td>Cambrian Homecare</td>
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<td>5199 E. Pacific Coast Hwy Long Beach CA 90804</td>
<td>562-498-1800 Fax 562-498-1829</td>
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<td>Canaan Home Care</td>
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<td>1400 Bristol Street North Suite 230 Newport Beach, CA 92660</td>
<td>213-254-3833 Fax 949-315-3432</td>
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CANSAH: CA Assoc. for Health Services at Home
HCACA: Home Care Assos of America
ABHC: American Board of Home Care
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<tr>
<th>NAME</th>
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<th>TYPE(s) OF HOME CARE SERVICE PROVIDED</th>
<th>Rate Per Hour</th>
<th>Affiliations</th>
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<td><em>CareNetLA</em></td>
<td>23211 Hawthorne Blvd, Ste 200 A Torrance, CA, 90505</td>
<td>310-393-1282 Fax 310-373-8207</td>
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<td><strong>Caring Heart Home Care</strong></td>
<td>21151 S. Western Ave., Ste 265 Torrance, CA 90250</td>
<td>310-755-6521 Fax 310-755-2564</td>
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<td><strong>Comfort Keepers</strong></td>
<td>25124 Narbonne Ave Suite 102 Lomita CA 90717</td>
<td>310-325-6500 Fax 310-325-3560</td>
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<td><strong>Davis In-Home Care Inc</strong></td>
<td>2627 Manhattan Beach Blvd. Suite 204 Redondo Beach CA 90278</td>
<td>310-297-9127 Fax 310-297-9128</td>
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<td><strong>Emerald Caregiving Agency</strong></td>
<td>111 E. 220th Street Unit C Carson, CA 90745</td>
<td>310-847-6261 Fax 310-847-6293</td>
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<td><strong>First Light Home Care of Southbay</strong></td>
<td>3655 Torrance Blvd, 3rd Floor Torrance CA, 90503</td>
<td>424-704-5330 Fax 424-704-5331</td>
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<td><strong>GNG Home Care Solutions</strong></td>
<td>7933 Tallow Tree Circle Corona, CA 92880</td>
<td>626-310-0370 Fax 626-310-0569</td>
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<td><strong>Homecare Professional Services Inc</strong></td>
<td>418 E. 238th Street Carson, CA 90745</td>
<td>310-952-9830 Fax 310-952-9830</td>
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<td>Home Instead Senior Care</td>
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<td>310-542-0563 310-542-1534</td>
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<td>Joyful Care Caregiving Services, Inc</td>
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<td>562-402-1890 562-865-6453</td>
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<td>Maxim HealthCare Services</td>
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<td>866-465-5678 Fax 877-394-9406</td>
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<td>Nurse Next Door</td>
<td>200 W. Center Street Promenade #200</td>
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<td>Pro Regal Care/ Regal Senior Helpers</td>
<td>2310 S. Crenshaw Blvd Suite 101 Torrance, CA 90505</td>
<td>310-782-4728 Fax 310-325-6701</td>
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<td>RABBI STAR ASAP QUALITY CARE AGENCY LLC</td>
<td>500 E. Carson St., Ste 207 Carson, CA 90745</td>
<td>562-200-9100 Fax 424-225-4425</td>
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<td>Seniors Helping Seniors</td>
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<td>True Care Services</td>
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<td>Visiting Angels</td>
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*Licensed = For non-skilled home care agencies – "licensed" means the agency is a licensed business.
*For skilled home health care agencies – "licensed" means the agency holds a current license with the CA Department of Health Services (DHS).

Bonded & Insured = The agency carries liability insurance to protect against unforeseen worker injury, and insurance to protect consumers if any act of theft is committed by an employee.

**AFFILIATIONS**

**California Association for Health Services At Home (CAHSAH)** is the leading statewide home care association in the nation and the voice of home care for the western United States. This organization is dedicated to being the preeminent source for advocacy, education and information reflecting the full diversity of the home care industry, and whose guiding core purpose is to promote quality home care and enhance the effectiveness of its members. [www.cahsah.org](http://www.cahsah.org)

**American Board of Home Care (ABHC)** is a group whose mission is 1) to serve as a platform for unified action and the development of common, lawful standards of professional conduct among home care companies; 2) to promote the uniform enforcement of Labor Board regulations and other laws applied to the home care industry, ensuring a level playing field; 3) to promote legal and ethical business practices in the home care industry, to improve both industry standards and consumer confidence; 4) to educate governments, businesses and clients about the benefits of hiring home care companies that do business legally and ethically; and 5) to make a positive difference in the businesses of home care companies and the lives of the persons who rely on their services, particularly the elderly. The group
composes of companies that have been certified to carry Worker’s Compensation Insurance for their caregivers, only provide caregivers that are employees of the company, and not provide “independent contractors” that are not covered by Worker’s Compensation Insurance. www.abhc.info

*Understanding Home Care Services*

It is typical for home care agencies to offer a wide range of services. You should contact the agency directly to discuss the specific needs you may have.

Descriptions of common services provided by home care agencies are shown below:

♦ **Companion care** - provides personal company and comfort to individuals who, due to medical or safety reasons, should not be left at home alone. Activities might include taking walks together, spending time reminiscing, or doing other such activities that the patient enjoys.

♦ **Homemaking services** - assist an individual by helping to take care of household needs. Services usually include household duties like laundry, meal preparation, general housekeeping, travel escort, assistance with running errands, and shopping.

♦ **Personal care services** - provide assistance with personal care needs and activities of daily living such as getting in and out of bed, dressing, grooming, bathing and toileting.

♦ **Skilled care services** - are those usually provided by health care professionals such as registered nurses, licensed practical nurses, or therapists (physical, occupational or speech therapists). Services are usually prescribed by a physician following a hospital stay from an acute experience such as a heart attack, a traumatic fall, broken hip, etc. Skilled care home services may be covered by insurance, and services are time limited based on medical need.

♦ **Care/Case Management** – provides an initial assessment of needs and creates a plan of care for the client. Care managers evaluate problems, identify solutions, arrange services, and provide ongoing oversight for the whole process of care. Services are often most helpful for those having difficulty with any aspect of elder care, dealing with multiple or complex care needs, or caring for someone who lives at a distance from them.

♦ **Additional Resources:**

    LOS ANGELES DEPARTMENT OF AGING- (800) 510-2020 OR (213) 482-7252
LONG-TERM OMBUDSMAN HOTLINE-(800) 334-9473  Hours: 9 am to 5 pm, M-F

24- HOUR STATE CRISIS LINE FOR LONG-TERM CARE FACILITIES- (800) 231-4024