



Getting Ready for Surgery

Where to arrive Lundquist Tower Day Surgery Breast Diagnostic Center

Check in time

Surgery time

Do's

Wear loose, comfortable clothing

- Shirts that open in the front and button all the way down
- Shorts or loose-fitting pants

Arrive two to three hours before surgery.

Arrange for a responsible adult to drive you home.

Take medication(s) the morning of surgery with small sips of water as instructed by your physician:

.....

.....

.....

.....

Bring:

- Current insurance card
- Valid photo ID
- Prescription card
- AICD/Pacemaker card
- CPAP machine (for patients with sleep apnea)
- * Form of payment for out of pocket responsibilities, if required

Don'ts

Do not eat or drink after midnight or eight hours before your surgery as instructed by your physician.

Do not use lotion or oils on your skin.

Do not take medications as listed by your physician:

.....

.....

.....

.....

.....

Do not bring:

- Medications
- Luggage
- Jewelry
- Alcoholic beverages
- Any other form of valuables

Torrance Memorial Medical Center cannot be responsible for valuables brought to our hospital. Should you bring an item of value to the hospital (such as credit card or cash), we recommend you give the item to a family member to take home with them or those items could be kept in the safe during admission.



For more information, please call
310.784.4887



3330 Lomita Blvd., Torrance, CA 90505
TorranceMemorial.org