



TORRANCE MEMORIAL
THELMA MCMILLEN CENTER
FOR ALCOHOL & DRUG TREATMENT



ADULT Program: 310-784-4879

TEEN Program: 310-257-5760

Presenting The Frontiers in Addiction Treatment Series:

“LGBTQ Substance Abuse: Supporting the Intricate Journey ”

John Sovec, M.A., LMFT

Therapy/Coaching/Counseling

Tuesday, September 17, 2019

Schedule: 8:30-9am free continental breakfast and registration, 9-11:30 presentation

9-10am lecture

10-10:10am break

10:10-11:30am lecture

Torrance Memorial’s Health Conference Center 3315 Medical Center Dr. Torrance, Calif. 90505

NO CHARGE & NO RSVP required.

For information, help, accommodations for disability or addressing grievances,
please call the Frontiers in Addiction Series line (310) 257-5758.

Overview

In a culture that celebrates partying and designer drugs, more than 30% of LGBTQ community faces substance abuse issues over their lifetime. As service providers, it is vital to understand the unique experience of LGBTQ people in recovery as well as the social, emotional, and support systems that are necessary to develop the highest levels of LGBTQ affirming care. This workshop will explore the influence of the coming out experience on stress and anxiety, address the unique challenges faced by LGBTQ people as they move toward sobriety, and assist clinicians to build techniques that will be effective in working with LGBTQ clients.

Objectives — Participants will be able to:

- Describe the effects of social stigma on the development of self esteem in LGBTQ.
- Explain how the Klein Sexual Orientation Grid is used to develop effective treatment plans and strategies for working with the LGBTQ population.
- Recognize the effects of hetero-centric recovery systems and biases within the structure
- Analyze trauma based models and how they influence the challenges of the LGBTQ coming out process.
- Be aware of related cultural disparities such as age, gender, ethnicity, religion, family situation, self-esteem, socialization and/or economic status

Target Audience: MDs and Psychologists (*), RN (BRN Provider #300), LCSW & MFT (CAMFT #128405), CCAPP (2S-02-489-0720), CAADE (CP20931C0819) and allied health professionals.

The Thelma McMillen Center is approved by the California Association of Marriage and Family Therapist to sponsor continuing education for LMFTs, LCSWs. Thelma McMillen maintains responsibility for this program/course and its content.

Course meets the qualifications for 2.5 hours of continuing education credit for LMFTs, LCSWs as required by the California Board of Behavioral Sciences. Certificates will be awarded at the end of the presentation with the return of a filled out evaluation.

Torrance Memorial Medical Center is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

Torrance Memorial Medical Center designates this live activity for a maximum of 2.5 AMA PRA Category I credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.