

SOUTH BAY SURVIVORSHIP CONSORTIUM

To improve the quality of care for cancer survivors in the South Bay

Cancer Survivors, Integrative Medicine and the Use of Supplements & Vitamins
Selected Links

American Institute of Cancer Research

<https://www.aicr.org/>

This is an organization that funds cancer research and provides practical tools and information to help people prevent and survive a cancer diagnosis. Resources include information on cancer prevention, healthy eating and healthy living

About Herbs, Botanicals and Other Products

<https://www.mskcc.org/cancer-care/diagnosis-treatment/symptom-management/integrative-medicine/herbs>

Memorial Sloan Kettering Cancer Center online database for the public as well as healthcare professionals to help you figure out the value of using common herbs and other dietary supplements

National Center for Complimentary and Integrative Health

<https://www.nccih.nih.gov>

Lists multiple different herbs, therapies and disease states with regards to current research and recommendations with regards to complimentary therapies.

Office of Cancer Complementary and Alternative Medicine - National Cancer Institute

<https://cam.cancer.gov>

Contains information on research, scientific updates and lectures. There is a “for patients” section with multiple links for use/safety/description/recommendations for CAM.

Office of Dietary Supplements – National Institutes of Health

<https://ods.od.nih.gov/>

Access to fact sheets that give a current overview of individual vitamins, minerals, and other dietary supplement ingredients

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Anti-inflammatory Diet Pyramid

<https://www.drweil.com/diet-nutrition/anti-inflammatory-diet-pyramid/what-is-dr-weils-anti-inflammatory-food-pyramid/>

