



# From Your Breast Nurse Navigators

The Polak Breast Diagnostic Center is staffed with two breast nurse navigators. Our goal is to ensure that you will have all the information you need to make the best decisions in regards to your breast cancer treatment. The following checklist will help guide you through your treatment. We want you to know that we will be here for you as you go through this journey. Our office hours are Monday through Friday, 8 am – 4:30 pm. Please call with any questions or concerns: 310-784-6335, option 3. Please keep our business cards handy and review the information provided in the patient organizer provided to you. We hope you will find this a valuable resource. It is suggested that you bring the organizer with you to your future appointments and use it to file further information that you will receive.

<input type="checkbox"/> <b>MRI</b>	<p>Your MRI will be scheduled as soon as possible. If insurance authorization is required, this may take up to five working days.</p> <p><b>Results</b></p> <ul style="list-style-type: none"> <li>▪ If MRI results are conclusive and there are no new findings, you will be scheduled for a surgical consultation.</li> <li>▪ If the radiologist requests further imaging or testing, it will be scheduled at that time.</li> </ul>	<input type="checkbox"/> <b>Please arrive 30 minutes early</b> <b>Date:</b> _____ <b>Time:</b> _____
<input type="checkbox"/> <b>Surgical consultation</b>	<p>You will meet with a surgeon to discuss surgical options. The surgeon's office will schedule your surgery and give you instructions about what needs to be done prior to your surgery and other pertinent information regarding the day of your surgery.</p>	<input type="checkbox"/> <b>Please arrive 30 minutes early</b> <b>Doctor:</b> _____ <b>Date:</b> _____ <b>Time:</b> _____
<input type="checkbox"/> <b>Medical oncology consultation</b>	<p>You will meet with a medical oncologist either before or after surgery to discuss additional treatment(s) that might be needed such as chemotherapy, radiation and anti-hormonal therapy. Some patients will require chemotherapy either before or after surgery. This will be discussed at the time of the medical oncology appointment.</p>	<input type="checkbox"/> <b>Please arrive 30 minutes early</b> <b>Doctor:</b> _____ <b>Date:</b> _____ <b>Time:</b> _____
<input type="checkbox"/> <b>Genetic education/testing</b>	<p>Screening for genetic mutation in <i>BRCA1</i>, <i>BRCA2</i>, or others.</p>	<b>NP:</b> _____ <b>Date:</b> _____ <b>Time:</b> _____
<input type="checkbox"/> <b>Radiation oncology consultation</b>	<p>Some patients will meet with a radiation oncologist to discuss radiation therapy after surgery. Not all patients will require radiation.</p>	

**NOTE:** To avoid any inconvenience, we recommend that you verify your insurance coverage prior to consultation appointments with a surgeon, medical oncologist, and/or radiation oncologist.