



**TORRANCE MEMORIAL**  
A CEDARS-SINAI AFFILIATE

**Polak Breast  
Diagnostic Center**

# Torrance Memorial Offers Free Breast Health Information

 **Did you know that 1 in 8 women will have breast cancer in their lifetime?**  
Learn about breast cancer screening and how to perform a breast self-examination.



## 2020 Schedule

Second Wednesday of every other month,  
5 – 6 pm

January 8  
March 11  
May 13

July 8  
September 9  
November 11



## Speaker

Breast Nurse Navigators



## Where

Torrance Memorial Polak Imaging Pavilion Lobby  
3275 Skypark Drive, Torrance, CA 90505

Reservations required. Please call **310-784-6335**, option 3.