

After Your Biopsy Wound Check Visit:

- Take the Steri-Strips™ off about one week after your biopsy. Take them off after your shower so they come off easily.
- It is okay to shower and/or bathe now and get the biopsy site wet and soapy. (There is no need to cover the area with anything.)
- Rinse the area well and pat the area dry so it does not stay wet.
- If you have any increased swelling, pain, redness or other concerns, please feel free to call us at 310-784-6335.

Your follow-up recommendations are:

(Circle one) Mammogram Ultrasound MRI
in Six months 12 months Other _____

Surgical consult (to be arranged by your PCP once your testing is complete)

MRI (to be arranged by your PCP)

Comments: _____

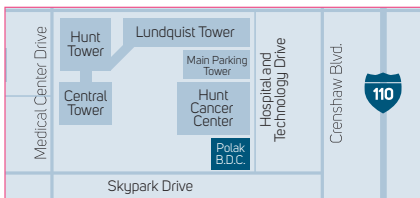
A reminder letter will be mailed to you approximately two months prior to your recommended follow-up date. Please follow the directions on the letter to make your appointment.

You have been diagnosed with a benign breast condition known as:

- Atypical ductal hyperplasia
- Atypical lobular hyperplasia
- Lobular carcinoma in situ
- Papilloma
- Radial scar
- Other _____

The lesion is considered a high-risk condition because it increases the relative risk of developing into breast cancer. Because of this increased risk, we recommend that you have it surgically removed. Before we do this, we would like for you to have an MRI (magnetic resonance imaging) of both breasts to make sure that there are no additional areas of concern in either breast before you have surgery.

We will contact your doctor and notify them of your diagnosis.



Polak Breast Diagnostic Center

3275 Skypark Drive
Torrance, CA 90505
Phone: 310-517-4709
Fax: 310-784-6377