

Torrance Memorial Cancer Resource List

Resources at Torrance Memorial		
Resource/topic	General information	Contact information
Cancer Resource Center	Cancer-related resources for oncology patients and family members. Call for information on support groups, educational materials and community classes. Free short-term counseling available for TMMC patients.	310-517-7077
Nutrition Services	Individual nutrition consultations with a doctor's prescription and monthly cancer and nutrition classes.	Brianna Chang, oncology dietitian 310-517-4711
Rehabilitation Services	One-on-one rehabilitative care to improve quality of life by addressing impairments and restoring function. Physician prescription required. Medicare and most private insurance are accepted.	310-517-4735 ext. 20826 lymphedema screening
Financial Assistance	Financial assistance for low-income, uninsured and underinsured patients for TMMC-related bills. Eligibility and income requirements apply.	310-517-4765
Palliative Care	Interdisciplinary care that focuses on improving quality of life and decreases suffering for patients (symptom/pain management) with a serious, chronic or life-limiting illness. The team also assists with goals of care discussions involving difficult decisions.	310-784-8713 (Care Coordination Center)
Integrative Health	Mindfulness, breath work and meditation skills for cancer patients. Call to schedule an individual consultation.	Brittany Rudinica, LCSW, OSW-C, 310-517-1230
Community resources		
Cancer Support Community South Bay	Free short-term counseling, wellness programs, networking groups, educational events and support groups for individuals and their families impacted by cancer. Programs for children and teens are also available.	310-376-3550 cscsouthbay.org
Access Paratransit	Shared ride service for people with disabilities including curb-to-curb service in most of LA County area. Vouchers provided by American Cancer Society to help cover costs. Please contact oncology social worker for vouchers at 310-517-1230.	800-827-0829 accessla.org
National resources		
American Cancer Society	Information on cancer care, community resource referrals, and support for patients, family and caregivers.	800-227-2345 cancer.org
Triage Cancer	Support and education for cancer patients and caregivers on insurance, disability, financial and legal matters.	424-258-4628 triagecancer.org
CancerCare®	Information on cancer types, counseling, support groups, educational workshops and financial assistance.	800-813-4673 cancercares.org
PAN Foundation	Assistance with out-of-pocket costs, including deductibles, co-pays and coinsurance, health insurance premiums, and transportation expenses to get to treatment.	866-316-7263 panfoundation.org



Please visit TorranceMemorial.org/medical-services/cancer/resources/ or scan the QR code for a more comprehensive list of resources.