

# Torrance Memorial Medical Center

## VESTIBULAR REHABILITATION SERVICES

Vestibular rehabilitation and dynamic balance activities may be indicated for patients with the diagnosis of:

- Benign paroxysmal positional vertigo/ BPPV
- Labyrinthitis
- Vertigo
- Dizziness
- Balance deficits S/P surgery for acoustic neuroma
- Vestibular neuritis

We have therapists who are trained in assessing and treating vestibular type problems.

When indicated, treatment may include the repositioning maneuver, habituation exercises, gaze stability training and balance activities. Instruction in flexibility and strengthening exercises also assist the patient's improvement of health and well being.

Patients with disuse dysequilibrium are assessed for risk of fall.

---

Referral information- All evaluations and treatments are performed per a physician's order. Most insurance carriers require pre-authorization for outpatient evaluation.

Location: TMMC West Tower 5th floor  
Information: (310) 517-4735  
Fax: (310) 784-4978



TORRANCE MEMORIAL  
MEDICAL CENTER