

**Torrance Memorial Medical Center  
Rehabilitation Services**

**Rehabilitation for Neurological Disorders**

Our team of Physical Therapists, Occupational Therapists, and Speech Pathologists, at TMMC, has extensive experience working with patients who have the following diagnoses:

- Cerebral Vascular Accidents
- Spinal Compressions
- Peripheral Nerve Injuries
- Neurological Impairments such as Multiple Sclerosis and Parkinson's disease
- Traumatic Head Injuries

Several of our therapists at TMMC have advanced training, such as NDT (Neuro-Developmental Technique). Depending on the patient's diagnosis therapists may utilize the following treatments:

- Neuro Muscular Re-education and facilitation techniques
- Splinting- for example the fabrication of anti- spasticity or radial palsy splints
- Gross and fine coordination activities
- Compensatory techniques for visual and perceptual deficits
- Cognitive retraining including safety awareness and memory
- Speech and swallowing therapy
- State of the art equipment such as:
  - Bioness Electrical Stimulation for the upper and lower extremities
  - Vital Stim for the treatment of dysphagia
- Balance, fall prevention and gait training
- Training in self care and the activities of daily living
- Family and caregiver training
- Recommendations for Adaptive Equipment

We also have a Stroke Support Group at TMMC, which meets the first Wednesday of every month from 10am to 11am. The group is located at the Health Conference Center in room number 3. This group is open to all community members who have had strokes and their caregivers.

Please don't hesitate to call us at (310) 517-4735 if you have any questions about our neurological program at TMMC. Referrals may be faxed to (310) 784-4978.