The Dogan Family Keeps It Healthy and Humble

MOTHER AND CHILD CARE GETS A REVAMP

WHAT'S BLOOMING AT HOLIDAY FESTIVAL?
I remember being 7, with missing front teeth and pigtails bouncing in the air, as I ran from the curb outside of Torrance Memorial Medical Center into the Radiology reading room to get my dad to go out to dinner. My dad, the late Dr. Richard B. Hoffman, loved being a radiologist at Torrance Memorial. As I entered the room of radiologists viewing X-rays, I was met by warm greetings from his colleagues. “Hi Heidi!” “How’s your tennis? Heidi?” And a special “Hi Pumpkin!” from my dad. The whole room felt like family. Bright-eyed and curious, I eagerly walked to the different viewing stations and looked at the films rotating around, while listening to my dad and his colleagues sputtering out medical lingo that sounded like a foreign language. Eventually I’d sit by dad’s station, and he’d show me an interesting case—an X-ray of a child who swallowed a coin, a broken bone or bleeding in someone’s brain. I would grab his cassette-tape voice recorder and pretend I was dictating reports just like he did.

Flash forward more than 30 years. Now a radiologist at Torrance Memorial, I find myself in a new reading room in the gorgeous Lundquist Tower with state-of-the-art computers displaying images at warp-speed and voice-recognition dictation systems far superior to the old cassette-style of recording. I work with radiologists that sat alongside my dad and with a new, younger generation of bright, highly-trained radiologists from the best institutions. I sit down, dictate findings from CT scans, MRIs, ultrasounds and X-rays and fluently spit out that same medical lingo that seemed so foreign to me years ago. Occasionally my own kids will come into the reading room, play with the images on my screen, spin in my chair and pretend to dictate reports.

I am living my dream. I love my job, I love my colleagues, and I love the hospital for which I have chosen to work. Although I initially wanted to carve my own path as a radiologist separate from my father’s, and with several other job opportunities in front of me, I ended up choosing Torrance Memorial because there is no better radiology group, no better hospital and no better community to work for. We are so privileged to have a stable, state-of-the-art hospital in our backyard—one staffed with such highly-trained nurses and physicians and led by such brilliant, respected and forward-thinking administrators. Our independence as an institution affords us unique relationships and opportunities that hospitals immersed in mammoth networks will never have. That type of independence is rare, vital and staunchly defended in this era of hospital acquisitions and mergers.

I am honored to serve on the Foundation board of directors, as well as on its executive committee. I do this because I believe deeply in Torrance Memorial’s ability to provide the best medical care for our families.

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Mike and Nancy Hebson
Dance Their Way to Cancer Recovery

CLINICAL SPOTLIGHT
Torrance Memorial Upgrades Its Armory in Tumor Warfare

FUTURE FOCUS
Nine Ways to Build Retirement Wealth

PATRON PROFILES
Jarrod and Celi Dogan:
For Local Entrepreneur Good Health Is Priceless

PROGRESS NOTES
From Trellises to Topiaries:
Rolling Hills Flower Mart Has It Covered at Holiday Festival
Lady Luck Smiles on Opportunity Drawing Winner
Renovated North Tower Raises Bar for Maternal Child Care

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IN YOUR COMMUNITY
Golf Tournament Hits a Hole in One
Kenny G Serenades Evening Under the Stars Guests
Patrons Get Groovy with Grammy
Aces are High for YPPA
Flower Power

For local family-owned business, it’s lights, camera, flowers at Holiday Festival.

T he moment Chelsea Gaudenti anticipates all year has arrived. Linens are on the tables. The centerpieces are in place. Final touches to the entrance arrangement are complete. The lights are just right. It’s the final minute of calm. “That is a moment of excitement and happiness. I look forward to it,” says Chelsea. “It’s several months of work finally coming together. There’s a feeling of relief and relaxation, but also of pride.”

This year marks the Gaudenti family’s 15th year of contribution to Torrance Memorial Medical Center’s annual Holiday Festival Gala and Fashion Show. Chelsea was only 10 when her mom started to design flower arrangements and learn how to make customers feel special.

“I started with her here when I was 7,” says Chelsea. “I would come in and scrub all the floors and clean the flowers in the back and stay late any time she had weddings or events or parties. I learned from watching her.”

After high school, Chelsea attended Loyola Marymount University and earned a bachelor’s degree in Spanish with a minor in business and ethics, but she was quickly drawn back to flowers. “I started with her here when I was 7,” says Chelsea. “I would come in and scrub all the floors and clean the flowers in the back and stay late any time she had weddings or events or parties. I learned from watching her.”

Today she runs the business, which includes their family and business and why it remains their largest charitable contribution each year. “We’ve always said, ‘What’s one thing we can contribute to that everybody can use?’” says Chelsea. We don’t want to just pick and choose favorites. We decided on the hospital. Obviously everybody needs it. At one point, somebody’s always going to need something from the hospital, especially Torrance Memorial because they’re amazing. We want to give back to that. We love the staff there and we love the vision. We felt like we were with our people.”

Chelsea, the 25-year-old manager of Rolling Hills Flower Mart, grew up watching her mom, Christine Gaudenti, run the family business. Chelsea can remember hanging out at the store as a young child—sweeping up, trying her hand at arrangements and learning how to make customers feel special.

“Chelsea, the 25-year-old manager of Rolling Hills Flower Mart, grew up watching her mom, Christine Gaudenti, run the family business. Chelsea can remember hanging out at the store as a young child—sweeping up, trying her hand at arrangements and learning how to make customers feel special.”

Chelsea in a blog featured on the company’s website. “It’s a privilege, because I don’t know anyone who has the opportunity to do something that cool and that interesting and that fun with that much creative freedom too,” says Chelsea. “But her favorite designs to date were floral bustier centerpieces for the fashion show and a family of dogs with top hats that greeted guests at the gala last year. “Pink hydrangeas and roses were creatively used to style the beautiful bustier centerpieces. At the gala, everyone wanted a photograph taken with the debonair dogs,” Gassner says. Rolling Hills Flower Mart is synonymous with unique and distinctive designs. We are grateful to the Gaudenti family.”

She continues, “The Las Amigas volunteers created something really special when they founded Holiday Festival in 1983. The flowers have added another spectacular visual dimension.”

Rolling Hills Flower Mart has also provided their floral expertise for other hospital events, including “Denim and Diamonds,” the ground-breaking for the Lundquist Tower and the building’s 2014 opening gala.

To Chelsea the real treat is to be able to work closely with her mom to prepare for the event and engage in such a creative process together. “It’s a privilege, because I don’t know anyone who has the opportunity to do something that cool and that interesting and that fun with that much creative freedom too,” says Chelsea.

“It’s not just any event,” she continues. “For me, it means so much more, because when you can give back, you want to. It makes you feel good and it makes everybody around you feel good too.”

Chelsea in a blog featured on the company’s website. “We have to pay attention to what’s seasonally available, what’s going to be available in bulk because it’s such a large event and then make sure it’s going to be the right color, the right quality, come in the right size,” explains Chelsea.

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From the selection of the flowers, mother and daughter move on to the design. Rolling Hills Flower Mart is known for its artistic touch. “It’s not just any event,” she continues. “For me, it means so much more, because when you can give back, you want to. It makes you feel good and it makes everybody around you feel good too.”

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UPCOMING PAC EVENTS

GET FINANCIALLY FIT IN 2017
Professional Advisory Council (PAC) seminars are here to help. See page 19 for more details.
WHERE: Hoffman Health Conference Center
RSVP and info: 310-517-4728

JANUARY 14
Individual Taxation: Wrapping up 2016 & Planning for 2017

FEBRUARY 11
How to Identify and Stop Elder Abuse

MARCH 11
Savvy Social Security Planning

APRIL 8
Retirement, 401(k) and IRA Preservation Strategies 101

MAY 13
The What and Why of Estate Planning

OCTOBER 19
MIRACLE OF LIVING BREAST CANCER
Breast cancer is the second leading cause of cancer death in women, exceeded only by lung cancer. The good news is there are more than 2.8 million breast cancer survivors in the United States. Learn about advances in diagnosis and treatment.
WHEN: 7 p.m.
WHERE: Torrance Memorial Medical Center, Hoffman Health Conference Center
FREE; INFO: 310-517-4711

OCTOBER 27
“PINTS FOR PROSTATE” RAISING AWARENESS FOR MEN’S HEALTH
Kick off November with a night of tasting local brews. Hear from Urologists Timothy Lessen, MD, Garrett Matsunaga, MD and Family Practice Physician David Wallis, MD, on the importance of early detection and men’s health.
WHEN: 7 p.m.
WHERE: Shade Hotel, Redondo Beach
FREE; RSVP AND INFO: 310-517-4728

PUBLIC EXHIBIT AND BOUTIQUE SHOPPING HOURS
TUESDAY, NOV. 29
1:30 to 3:30 p.m.

WEDNESDAY, NOV. 30
10 a.m. to 9 p.m.

Senior Day #1 (open to general public)
Free admission for seniors and the physically challenged — 10 a.m. to 2 p.m.

THURSDAY, DEC. 1
10 a.m. to 9 p.m.

Community Service Group Night (open to general public)
Special admission of $2 — 4 to 9 p.m.

Senior Day #2
10 a.m. to 2 p.m.

FRIDAY, DEC. 2
Closed to the Public

SATURDAY, DEC. 3
10 a.m. to 9 p.m.

SUNDAY, DEC. 4
10 a.m. to 4 p.m.

SPECIAL EVENTS
Reservations Required

YPPA/AMBASSADORS YEAR-END PARTY
Sunday, Nov. 27, 5:30 p.m.
Invitation only

FESTIVAL FASHION SHOW
Tuesday, Nov. 29, 9:30 a.m. to 3:30 p.m.
$125 per person

FESTIVAL GALA
Friday, Dec. 2, 5:30 to 10:30 p.m.
$300/person, $550/couple

LUNCH WITH SANTA
Sunday, Dec. 4, 11 a.m. to 1 p.m.
Cost: $15/person (minors must be supervised by a paid adult). Reservations required.
Bring your camera.

VISIT TORRANCEMEMORIAL.ORG TO PURCHASE TICKETS OR VIEW THE ENTERTAINMENT SCHEDULE.
ALL ACTIVITIES ARE LOCATED AT TORRANCE MEMORIAL MEDICAL CENTER, 3330 LOMITA BLVD., TORRANCE. $5 GENERAL ADMISSION; CHILDREN 5 & YOUNGER ARE FREE.

NOVEMBER 9
YPPA FALL PARTY
Join Young Physicians and Professionals Alliance at sunset for cocktails and conversation.
WHEN: 7 to 9 p.m.
WHERE: Shade Hotel Manhattan Beach
RSVP AND INFO: Members and Guests Only; 310-517-4728

NOVEMBER 13
LIGHT UP A LIFE
A celebratory tribute and tree lighting dedicated to loved ones no longer with us.
WHEN: 4 to 6 p.m.
WHERE: Torrance Memorial Medical Center, Hoffman Health Conference Center
FREE; RSVP AND INFO: 310-517-4694

NOVEMBER 29
— DECEMBER 4
HOLIDAY FESTIVAL
Torrance Memorial presents the 33rd annual Holiday Festival, featuring themed, decorated trees, a holiday boutique, a food coast and live musical entertainment.
WHEN: See page 8 for a detailed schedule
WHERE: Torrance Memorial Medical Center
INFO: 310-517-4701

VISIT TORRANCEMEMORIAL.ORG TO PURCHASE TICKETS OR VIEW THE ENTERTAINMENT SCHEDULE.
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**Hospitalist Thanks Lady Luck**

**WRITTEN BY WENYI FU**

Roy Fu, MD, hospitalist and physician advisor, has worked at Torrance Memorial Medical Center since June 2009 and has attended the annual Holiday Festival Gala with his wife, Denise, for the past five years. When Fu received the Holiday Festival Opportunity Drawing ticket forms in the mail with his invitation to last year’s Gala, he was captivated by the picture of a red Lexus RC350, the grand prize of the drawing. He decided to take a chance and immediately filled out the form. When he turned it in to the Foundation office, he surprised himself by purchasing six more tickets (for a total of 17).

Fu knew the possibility of winning a prize was small. However when he received an email the Monday after the drawing from Laura Schenasi, executive vice president of the Torrance Memorial Foundation, he had to take a deep breath and make sure he was reading it correctly. His ticket had been selected as one of the winners of a shiny 2015 Lexus RC350.

“I am not what I would call a lucky person—I don’t usually enter raffles or play lottery tickets, and I only occasionally gamble when I go to Vegas. This was a very pleasant surprise,” says Fu.

“I have always believed that Toyota and Lexus make great cars. This RC350 is a very powerful two-door sports car and we both enjoy driving it,” Fu says. “The entire process was also very straightforward with no hassles.”

As an enthusiastic supporter of the hospital and a member of Young Physicians and Professionals Alliance, he has been active at participating in YPPA events and recently sponsored the first Casino Night this past April.

“Fu says he will definitely enter the drawing again next year. ‘The Opportunity Drawing is for a good cause, with funds raised going to the renovation of North Patient Tower to help mothers and babies,’ he says. ‘It is my pleasure to donate money to Torrance Memorial because I enjoy working here and supporting the hospital.’

Fu continues, ‘This year Lady Luck smiled on me and I was very grateful to have won the car. I don’t know how lucky I would have to be to win another one, but I plan to keep supporting the hospital.’"
A $33 million renovation of Torrance Memorial Medical Center’s North Tower is underway. The revamp will follow the natural progression of upgrades happening within the Medical Center. Once completed, the North Tower will serve as a hub for the caring of mothers, babies and children of all ages.

Following the opening of the Lundquist Tower in 2014, several of Torrance Memorial’s North Tower units moved over to the new building. Now vacated, except for the first and third floors, the 33-year-old building is primed for a makeover. Once completed, the North Tower will be home to the Mother/Baby Unit, Neonatal Intensive Care Unit (NICU), Pediatric Unit and Medical Surgical Services.

Cosmetically, the tower will be polished with a more modern look, which includes a new window system and a sleek paint job to match the Lundquist Tower.

Inside, the building will be upgraded with new technology. For one, a new nurse call system will allow for integration between the nurse call notification system and the smart phone devices carried by all nurses. In addition, on-demand television systems, complete with interactive capabilities, are being installed, along with a robust security system.

“The renovations support the hospital’s mission to provide a safe, healing environment in which patients can recover, and a comfortable place for families and friends to visit,” says Connie Semer, director of construction at Torrance Memorial.

The project began in January of this year. The entire renovation is expected to be completed by summer 2018. Floor-by-floor, this is how the remodel will shape up:

1ST FLOOR
TRANSITIONAL CARE UNIT
The first floor will remain the Transitional Care Unit (TCU), serving patients on their way to recovery but still under skilled nursing care.

2ND FLOOR
MOTHER BABY UNIT
The new Mother Baby Unit will offer 25 private rooms for mothers and their newborns, with new patient room furniture upholstered in bright fabrics that offer an uplifting ambiance.

When the North Tower was built in the early 1980s, infants were placed in open pod nurseries with many babies in one room. Modern-day best practices dictate keeping babies with their families (known as “rooming in”) to facilitate bonding. The new unit includes only a small nursery with three beds, down from the current 15.

The new rooms are 30% bigger—offering plenty of space for rooming in. This will also allow more space for pediatrics to examine each baby with their parents in attendance so they can ask questions during the exam.

Construction on the Mother/Baby Unit finished in August. Once the state certifies the unit for patient care, the unit’s transition from its current third-floor location will occur.

3RD FLOOR
NEONATAL INTENSIVE CARE UNIT
It’s estimated that 10% of newborns require some degree of subspecialty care and nearly 3% require intensive care. Torrance Memorial’s Neonatal Intensive Care Unit (NICU) offers highly specialized care that enables many infants to remain in the South Bay, instead of being transferred to a specialty-care facility. The remodeled third floor will bring together a now divided NICU, which is currently spread across two floors in the hospital’s Central Tower.

Evidence reveals a quiet, controlled environment with just the presence of family members and a nurse leads to the best outcomes for health-challenged infants. The unit’s current open bay concept—where babies’ cribs are separated by curtains—will be replaced with 24 private rooms. The rooms will offer reclining seats where family members can sleep and remain in the room 24/7. For twins, there will be adjoining rooms with sliding glass doors. The offices of medical professionals will be located on the same floor to offer improved convenience and access.

4TH FLOOR
PEDIATRIC/ADOLESCENT UNIT
The fourth floor will serve as the Pediatric/Adolescent Unit, consisting of 17 private rooms. A playroom is involved in the design, along with a space for Torrance Loves Children, an alternative childcare option for sick kids of employees and community members. Finishing touches include a cheerful beach theme throughout the unit.

The fourth floor will serve as the Pediatric/Adolescent Unit, consisting of 17 private rooms. A playroom is involved in the design, along with a space for Torrance Loves Children, an alternative childcare option for sick kids of employees and community members. Finishing touches include a cheerful beach theme throughout the unit.

5TH FLOOR
MEDICAL SURGICAL UNIT
The fifth floor, once renovated, will remain a 32-bed Medical Surgical Unit, serving as overflow from the Lundquist Tower.

“Having it all in one building—Pediatrics, NICU, Mother Baby—it makes sense. It’s easier for staff, physicians and patients to be in the same area,” says Laura Schenasi, executive vice president of the Torrance Memorial Foundation.

Schenasi and her fundraising team are working hard to find a naming donor for the North Patient Tower. Each floor can also be named through donations, which help fund renovations. To learn more about naming and other types of gifts one can make to Torrance Memorial, call 310-517-4703 or visit torrancememorial.org/giving.
Meet Our Newest Board Members

RUSSELL V ARON: Torrance Memorial’s Foundation can always spot a gem—a quality it shares with Russell Varon. Varon is president of Morgan’s Jewelers, a Southern California staple and family-owned business for more than 70 years. He was raised with the belief that although personally fortunate, there are far too many families that struggle. With this influence and knowledge, Varon has developed his own belief in philanthropy, and over the years has attended and donated to such charities as Manhattan Beach Chapter of Rotary International, Walk with Sally, American Cancer Society, Guide Dogs for the Blind, Torrance Memorial Medical Center and various educational organizations. He recently spearheaded a trust for the Jensen brothers, two young men who lost their mother in a tragic car accident. Varon has since formed a bond with the Jensen brothers and continues to support them. Varon often travels to Boulder, Colorado, where his daughter Morgan lives and continues the family tradition in the jewelry business.

STEFEN E. SPIERER: As one of the partners responsible for litigation at Spierer, Woodward, Corbalis & Goldberg, Steven Spierer provides representation to a wide spectrum of real estate brokers, agents, sellers and buyers in real estate transactions ranging from simple to complex. He graduated from California State University at Dominguez Hills in 1975 with a Bachelor of Arts in political science. From there he went on to graduate from Southeastern University School of Law in 1977. Not only is Spierer a frequent lecturer on various real estate subjects, he is also a mediator and facilitator for settlement of a wide variety of legal, economic and other issues. He has resolved a number of cases via settlement negotiation, both in and outside formal mediation. Spierer has received a rating of AV, the highest possible by the national attorney rating organization. Spierer has received a rating of AV, which has the following qualities: preeminent/high legal ability and very high ethical standards. Spierer also hosts a live Saturday radio talk show broadcasted from Los Angeles on TalkRadioOne.com. Spierer and his wife have three children and five grandchildren. They reside in Palos Verdes Estates.

A New “GPS System” for Battling Tumors

WRITTEN BY DINAH CHEN

Eliminating tumor cells through radiotherapy is like shooting down enemies in a battlefield. Both need their mission completed with minimum collateral damage. One thing infantrymen have learned over years of field operations, however, is that real targets don’t stand still waiting to be shot; they move. And so do tumor cells. Thanks to a $5.5 million grant by the Henry L. Guenther Foundation, radiation clinicians at Torrance Memorial Medical Center recently upgraded their armory with a new TrueBeam slim linear accelerator, the latest “precision-guided munition” to be used in the battle against tumor cells.

In 2013, Torrance Memorial became the first hospital in the South Bay to treat cancers with TrueBeam. The grant funds the purchase of an additional, slightly more advanced unit, which offers what can be described as a “GPS tracking system” for pinpointing tumors.

“The most important new technology we are getting with the new TrueBeam unit is the Calypso® Extracranial Tracking System,” says Thaya Endicott, MD, a radiation oncologist at Torrance Memorial. “By implanting radiofrequency-activated markers within the target, Calypso enables us to track tumor movements in real time during the treatment delivery.”

Variable and unpredictable, tumor movements are often caused by patient movements or internal movement of the tumor within an organ, such as lung or bladder. If these movements can be tracked, the radiation beam can be made smaller to reduce the dose to adjacent normal tissue.

To minimize risk, the Calypso Tracking System monitors the whereabouts of targeted tumors with the lowest exposure to surrounding healthy tissues. It delivers radiation with a highly exact setup and very tight dose margins. Calypso improves TrueBeam’s clinical advantage of extraordinary preciseness and accuracy. As a result, patients may experience fewer side effects. The current TrueBeam linear accelerator at Torrance Memorial is used primarily to treat brain tumors, cancer of the oral cavity and throat, and prostate cancers. It is designed to treat a very limited volume. The new TrueBeam will expand the ability to treat all types of tumors. The Henry L. Guenther Foundation, the provider of the grant, is a private charity foundation dedicated to preserving and enriching the benefits of California residents, primarily those in Southern California. One of its top priorities is expanding medical services. Supporting Torrance Memorial with this latest advancement aligns perfectly with the foundation’s mission.
Nancy Hebson had danced through most of her life. Her mother and two aunts performed with the Radio City Music Hall Rockettes. Nancy herself began ballet lessons at age 4. For 21 years she has taught ballet at the Lauderhill Ballet Center, a school in Old Town Torrance. But one dream still eluded her—taking ballroom lessons with Mike Hebson, her husband of 28 years.

Mike thought he had plenty of time to dance. Life was good.

“Torrance Memorial Urgent Care. Concerned by what he saw, the doctor sent Mike to the Torrance Memorial Medical Center’s Emergency Department (ER). That evening two liters of fluid were removed from his lungs. A few days later he returned home but continued to undergo tests, including a biopsy and PET scan. Two weeks after his ED visit, Torrance Memorial Physician Network Oncologist Hugo Hool, MD, presented the Hebsons with a grim diagnosis. It was likely Hodgkin’s lymphoma stage 3. There was still another test to perform—a bone marrow biopsy. In most cases, Dr. Hool assured, the cancer doesn’t infiltrate the bone marrow. But results confirmed the worst possible scenario—Stage 4 Hodgkin’s lymphoma.

“Stage 4, the highest in the cancer stage rating system, is also called metastatic cancer or advanced cancer. It means that cancer has spread to other areas of the body. Despite the sobering diagnosis, Dr. Hool and the care team immediately set a tone of optimism. They agreed without hesitation. ‘This is going to get a little crazy. You’re going to need help. People are going to offer to help you and you’re going to say yes.’

Nancy continues, ‘We jumped on the positivity band wagon and decided we were going to hand this over to the big guy. We didn’t go on the internet. We did everything Dr. Hool asked us to do. Donna gave us a chemo class and walked through everything that would happen.’

Dr. Hool recommended that Mike undergo treatment with an aggressive regime of BEACOPP, a new powerhouse chemotherapy drug developed in Germany that had already produced successful results with a number of his patients.

‘Dr. Hool gave me two choices—chemo or death,’ Mike says. ‘I jumped in with both feet.’

Mike received his first round of chemo at the Torrance Memorial Physician Network Cancer Care offices located in Redondo Beach. The chemo not only blasted the cancer, but also Mike’s immune system. Unable to breathe or swallow, Mike returned to the ED. He remained in the hospital for more than a week and received several different antibiotics, antifungal and antiviral medications to tackle various infections. Torrance Memorial Home Health nurses then followed up with a home visit to teach Nancy how to administer antibiotics to Mike through a PICC (peripherally inserted central catheter) line. BEACOPP killed most of the cancer. To wipe out the remaining cells Mike continued on a modified formula of chemotherapy.

‘If we would have had to drive somewhere far away, I don’t think we could have done it. We didn’t go on the internet. We did everything Dr. Hool asked us to do.’

‘When we walked in for a post-treatment PET scan, the radiology tech looked surprised to see him.’

‘He said to Mike, ‘I remember you; I did your first scan. I thought you had died.’ Nancy says.

‘Mike was saved by chemo, good doctors and the grace of God. He shouldn’t be here today.’

Mike has always had a soft spot for Torrance Memorial. One of his first photos is of his mother holding him as an infant as she stood at the window following his birth, in the original Torrance Memorial Hospital on Engracia Avenue in Old Torrance. Earlier this year, Dr. Hool invited Mike and Nancy to speak to members of Torrance Memorial’s Ambassador Program about his experiences at Torrance Memorial’s Hunt Cancer Institute at an annual dinner for the group. The group supports Oncology Services, as well as the Torrance Memorial Burn Center, Rehabilitation Services and Health Education.

‘Craig and I played little league together and I hadn’t seen him in almost four years.’

After such a close brush with death, Nancy wasn’t going to let more time slip by on her remaining dream. She asked Mike once again if he would take dance lessons with her. As soon as Mike was strong enough, they signed up for six consecutive sessions in the fox trot, rumba, cha-cha, tango, waltz and swing at the Torrance Adult School. Friends now call the couple Fred and Ginger.

‘When you go through something like this, your whole life changes,’ Nancy says. ‘When you’re given the choice to sit it out or dance, you better be dancing; because you never know what’s going to happen.’
Nine Strategies to Preserve Your Retirement Wealth

BY CHRISTIAN CORDOBA, RFC®, CFA

While reasonably basic to IRA owners, these nine ideas may help individuals and families preserve their retirement wealth. The ideas have been separated into three different life stages, so at least one of them could apply to you regardless of whether you are contemplating retirement, already retired, or interested in how a surviving spouse can maximize benefits after retirement.

STRATEGIES BEFORE RETIREMENT

1. The Non-Deductible IRA Contribution
Almost anyone still working and under age 70½ with earned income can make an IRA contribution, regardless of how much money they make. Even with no deduction, the more money you have invested in a tax-deferred IRA, the more you can convert to a tax-free Roth IRA later.

2. The 401(k)/Mega Roth IRA Contribution
If you cannot contribute to a Roth IRA, but your employer has a 401(k), you may still be able to make after-tax contributions to your 401(k) and later, due to the new rules, directly roll over those after-tax contributions into a Roth IRA.

3. Avoid RMDs after age 70½ using a Reverse Rollover to a 401(k)
If you are still working and have a 401(k) with your employer, you may be able to move one or more of your IRA accounts to your 401(k) account temporarily. This could be a strategic move, because you aren’t forced to take Required Minimum Distributions (RMDs) from your 401(k) account even if you’re over age 70½ until after you have separated from that employer.

BONUS IDEA: Use the Qualified Charitable Distribution (QCD) from your IRA to contribute to a charitable cause you believe in.

Like it or not, most retirement assets are established as pre-tax. To be fair, many people may not have actually saved nearly the amount they have today had they not been incentivated to do so due to the seemingly tax-deferred benefit. The key, therefore, is not to look back and question what you did right or wrong, but rather, think proactively of how to make the best choices going forward. Making smart choices, of course, assume you have been made aware of your best options. Ask yourself if you and/or your advisor(s) have considered these nine options—and which may be worth learning more about.

A better understanding of how to plan for the distribution of your wealth before, during and after your retirement, combined with a proactive plan to maximize tax efficiency, can help you and your family reduce the embedded tax debt of your IRA accounts and preserve your wealth.

STRATEGIES AFTER RETIREMENT (FOR SURVIVING SPOUSE)

7. IRA Choice #1: Spousal Rollover Beneficiary Option
A spousal rollover option is the name given to the planning strategy where a surviving spouse moves a deceased spouse’s retirement account into their own retirement account.

8. IRA Choice #2: Treat IRA as Its Own Option
A second option available to the sole surviving spouse beneficiary is to treat the deceased spouse’s IRA account as their own, essentially pretending as though they owned it all along. This can be useful if the surviving spouse wants to maintain an existing IRA investment, but would not be able to do so if the deceased spouse’s IRA account was closed.

9. IRA Choice #3: Remain as Beneficiary of IRA Option
The third and final option a sole survivor beneficiary has upon inheriting a deceased spouse’s IRA account is the ability to remain a beneficiary of the account. Using this option may either help the surviving spouse avoid a 10% penalty or defer the age 70½ RMD and may be strategic depending on the age of the deceased and the surviving spouse.

BONUS IDEA: Use the IRA beneficiary designation to contribute to a charitable cause you believe in.

Like it or not, most retirement assets are established as pre-tax. To be fair, many people may not have actually saved nearly the amount they have today had they not been incentivated to do so due to the seemingly tax-deferred benefit. The key, therefore, is not to look back and question what you did right or wrong, but rather, think proactively of how to make the best choices going forward. Making smart choices, of course, assume you have been made aware of your best options. Ask yourself if you and/or your advisor(s) have considered these nine options—and which may be worth learning more about.

A better understanding of how to plan for the distribution of your wealth before, during and after your retirement, combined with a proactive plan to maximize tax efficiency, can help you and your family reduce the embedded tax debt of your IRA accounts and preserve your wealth.

Torrance Memorial Medical Center’s Professional Advisory Council (PAC) is a volunteer group of attorneys, financial planners and CPAs brought together by the vision of educating the community on the benefits of charitable tax and estate planning. As part of PAC’s community outreach, this group of professional volunteers is in tune to conduct a series of informative, interactive and educational seminars on a variety of financial topics. These free seminars are strictly educational—no products or services will be sold to attendees.

SESSION: Saturdays, 9 to 11 a.m. Complimentary Continental Breakfast
LOCATION: Torrance Memorial Medical Center, Richard B. Hoffman Health Conference Center
RSVP to Torrance Memorial Foundation at 310-517-4728.

Changes to topics and presenters are not likely, but possible.

MAY 13
THE WHAT AND WHY OF ESTATE PLANNING
• What is an estate plan?
• How does an estate plan work?
• Estate tax planning concepts to consider for your trust
Presented by Stephanie Barnes, Attorney and Christian Cordoba, Financial Consultant

FEBRUARY 11
HOW TO IDENTIFY AND STOP ELDER ABUSE
• Elder abuse law and current efforts to protect seniors
• Incapacity and conservatorship
• Court battles and trust litigation that tear families apart
Presented by Troy Martin, Attorney and Deborah Keesey, Attorney

MARCH 11
SAVY SOCIAL SECURITY PLANNING
• Maximize Social Security benefits by applying at the right time
• Strategies for couples, divorced individuals and surviving spouses
• Impact of your decisions and how to avoid costly mistakes
Presented by Cristin Rigg, CFP®, CDFEA™ and Gregory Schill, CFP®

APRIL 8
RETIREMENT, 401(k) AND IRA PRESERVATION STRATEGIES
• Financial planning for success and happiness during retirement
• Strategies for lifelong income during an era of rising taxes
• Leverage money to the people you love instead of an IOR to the IRS
Presented by Christian Cordoba, Financial Consultant and Gregory Schill, CFP®
Healthy, Humble, Relentless

Beach cities entrepreneur puts good health at root of success in business and life.

WRITTEN BY COLLEEN FARRELL   |   PHOTOGRAPHED BY LAUREN PRESSEY

It’s just past 8 a.m. and Jarrod Dogan rolls over the wood floor of his modern, minimalist-style Hermosa Beach home atop a skateboard covered with several-inch-high artificial grass. His 21-month-old son—wavy curls partially covering his eyes—stands at the front of the board, securely held by dad, and giggles past the floor-to-ceiling window overlooking the pool downstairs.

“He speaks Portuguese, Spanish and English,” Jarrod proudly says of his son Sol, which means sun in Portuguese. Sol, it seems, likes to get up with the sun, while his 5½-year-old sister Lua (which means moon) likes to sleep in. Lua, roused by her Brazilian-born mom Celi, soon joins the family with her bedhead of blond waves, to give daddy a quick hug before he heads off to work.

“This is what I wear to work,” Jarrod says pointing to his board shorts and graphic tee. His intensity quickly shifts to a more serious topic—the work itself. Jarrod is the founder and CEO of Hybrid Apparel, a portfolio company of Altamont Capital Partners. “We don’t sell suits; we sell what’s hot to the kids, so my real job is keeping up with the trends and remaining relevant to the customers we sell to.”

“I have always been passionate about clothing, design and color,” Jarrod continues in a rapid-fire South African accent. “I watch the trends and am influenced by what people are wearing.”

Two decades ago at age 21, a close call in his hometown of Johannesburg, South Africa, propelled Jarrod toward early pursuit of that passion. He was carjacked at gunpoint while on break from college in England. He awoke in a hospital to find his shoes gone and 18 stitches in his head. Fed up with the violence in his hometown, the incident prompted him to pack a few belongings and $1,000, say goodbye to his family, and board a plane to America.

Jarrod took a job at a clothing company in San Diego. A year later in 1997, he started his own business designing, selling and printing T-shirts in the back of a print shop. He spent the next few years working long hours, sleeping on a couch in the back of the company’s warehouse in East Los Angeles and showering at the gym downtown.

Today, Hybrid Apparel has evolved into a full-service apparel house, specializing in the design, manufacture and production of all categories and classifications of apparel. Jarrod still maintains his laser-sharp focus and works long hours, but now runs the business with the help of 2,500 employees globally.

“I’m relentless at whatever I do, but I don’t look for the fame and glory. I don’t like to be around anything pretentious. We’re very private people and I like to keep my name out of it,” he says. “I’m humble, hungry and always looking to find purpose in all I do.”

Two years ago at age 39, he realized that his unyielding drive and constant travel had a price.

“My hormones were off, my cholesterol was high,” he says. “I woke up and said, ‘How can I take better care of myself?’”

His first step was to lose 40 pounds. But he also began to consider the health of those around him. He stepped up integration of the company’s wellness culture. He began by placing a larger emphasis on healthy offerings in the company café and encouraging workers to exercise in a 18,000-square-foot gym located in the Cypress-based headquarters. Jarrod is often found working out with employees in a variety of class offerings that include yoga, spinning and functional training classes.

“When you’re in the gym we’re one; it’s not us versus them,” he says of the bond he strives for with employees. “I’m passionate about clothing but more importantly passionate about winning and building an organization of people.”
With Celi shares Jarrod’s mindset. The former physical therapist aims to recreate for her family the same simple, healthy life she experienced while growing up in Sao Paulo, Brazil. She works out every day—including the day Sol was born.

Celi moved to Hawaii from Brazil when she was 23. In the late 1990s she relocated to Santa Monica, where a friend—believing they might make a good match—introduced her to Jarrod. Through his relentless drive, she saw a “good heart.”

“He is a gentleman and always treats everyone fairly.” But it was Jarrod’s Chihuahua mix Doogie, who really played matchmaker. “Doogie went right up to her and wouldn’t leave her alone. He doesn’t do that with anybody else, so I knew I had a winner,” Jarrod says.

With their health-conscious mindset, it didn’t take much convincing when close friend, and Torrance Memorial Medical Center Patron John Hirshberg, suggested the Dogans support a cause to benefit the center’s health. Hirshberg is founder of Tour Dogans became major donors. Shortly after, a series of family health crises affirmed their decision. Toddler Sol fell from a changing table at his swim school and was treated in Torrance Memorial’s Emergency Department for an eye so badly bruised it remained closed for a week.

“The doctors were really good at calming down our high-energy son. I could tell they really knew what they were doing,” says Celi.

Months later in August, ever pushing his limits, Jarrod began experiencing frightening symptoms while on an extreme mountain biking trip in Mammoth. “I couldn’t breathe. I was coughing up blood. My heart rate dropped to 62. Mammoth Hospital said if I didn’t get to sea level, I could potentially die,” he says.

Doctors diagnosed Jarrod with pulmonary edema, a condition that can develop at high altitudes, causing excess fluid to accumulate in the lungs.

“I immediately had someone drive me to Torrance Memorial,” he says. When he arrived, pulmonologist Deren Sinkowitz, MD, recognized the potential gravity of his condition. “He was incredible. I wanted to leave, but he looked me in the eye and said, ‘You’re not going anywhere. We are going to monitor and take care of you.’”

“It’s only when something serious happens to you that you realize there is no amount of money you could pay for good health care,” Jarrod says. “Supporting this hospital is the best decision I ever made for myself and my family.”

Next on the horizon for Jarrod and Hybrid Apparel is continuing to evolve the technology, speed and methods in which apparel is brought to market and guiding his employees to reach their potential. The company is close to closing on a global deal with The Beatles and also a big acquisition. But of equal importance is relishing the moment. His four-year game plan includes taking a two-year sabatical to travel the world with his family.

“When I look back at the decisions I ever made for myself and my family,” Jarrod says. “When you believe in people and in the possibilities are endless.”
Golf Tournament Raises Funds for the North Tower

The 30th annual Torrance Memorial Golf Tournament proved to be another hole-in-one success. Funds raised from the June 6 tournament will help to fulfill the overall fundraising goal toward renovation of the North Tower to benefit women’s and pediatric services. After a full day of golf at the Palos Verdes Golf Club, participants enjoyed a cocktail reception, dinner, silent auction and awards banquet. City National Bank once again served as the tournament sponsor this year. Don Douthwright was the tournament chair. The honorary chair was the late George L. Grazia dio, Jr.

IN YOUR COMMUNITY

IN YOUR COMMUNITY

IN YOUR COMMUNITY

IN YOUR COMMUNITY

IN YOUR COMMUNITY
Kenny G Dazzles at “Evening Under the Stars”

World-renowned saxophonist Kenny G serenaded guests with his soulful instrumentals as “Honda Evening Under the Stars for Children’s Healthcare” celebrated its 30th year. This year, Honda combined the magic of this signature event with another 31-year South Bay tradition—the “For Our Children” fundraiser—into one re-imagined event to bring greater impact to local children’s healthcare. Torrance Memorial Pediatrics, Providence TrinityKidsCare, a pediatric hospice and palliative care program of Providence TrinityCare, and Vistas for Children, Inc., received proceeds from this combined event at American Honda’s Torrance campus. Torrance Memorial’s share of the $300,000 proceeds will benefit renovation of Torrance Memorial Medical Center’s North Patient Tower, which will house new Pediatric, Neonatal Intensive Care and Maternal Care Units.
And the GRAMMY Goes to...Patrons

On July 15, Torrance Memorial Foundation hosted a dinner party at the GRAMMY Museum at LA Live to recognize and thank its patrons. More than 100 guests spent the evening viewing the exhibits featuring the clothing, work and career milestones of legends such as The Beatles, Michael Jackson and The Rolling Stones, as well as playing rock stars for the evening with various hands-on exhibits. After checking out the displays, donors enjoyed dinner and wine on the museum’s rooftop terrace, while taking in spectacular views of the Los Angeles skyline. Craig Leach, president and CEO of Torrance Memorial, spoke to the group, thanking patrons for their continuous support for the medical center. For more information on the Torrance Memorial Patrons program, visit torrancememorial.org/giving.

ADAM WAGONER, SANDRA SANDERS

GEORGE FARINSKY, BOBBIE FARINSKY, PAM CRANE, DOROTHY LAY, ALLAN LAY, JUDITH GASSNER, SONG KLEIN, GEORGE SHETH, BHARTI SHETH, KIM VALLEE, DAVID BUXTON, ANN BUXTON, DAN STEFFERUD, MARIE STEFFERUD, BARBARA BENTLEY, PHIL PAVESI, CHRISTINA PAVESI, DAVID BENTLEY, SCOTT DOUGLAS, KRISSIE DOUGLAS, GREG GEIGER, GRANT GEIGER, TERRY TURNER, TOM TURNER, SANDY VANDENBERGE, VAN HONEYCUTT, DIANA HONEYCUTT, JAY ABRAHAM, CHRISTY ABRAHAM, DICK WINTERS, ANN ZIMMERMAN, GARY ZIMMERMAN, LIZ UMBRELL, RICH UMBRELL, HEIDI HOFFMAN, MD, ERIN HOFFMAN, CHRISTIE OTIS, RUSS VARON, SHINTIA LYNCH, MARSHALL VARON, MARA BOLD, ED BOLD, MD, CRIS LEACH, LAURA ZANINO, WALT ZANINO, MARC SCHENASI, NANCY PETERSON, DICK CHUN, AL SHENG, BEATRICE SHENG, STEPHEN LIU, RACHEL LIU, SAM FENG.
A Giving Heritage Continues

Torrance Memorial Heritage Society members and donors, who have made a contribution annually for 10 or more consecutive years, were acknowledged and appreciated at a luncheon on June 9 at Palos Verdes Golf Club. Heritage Society members are those who have included Torrance Memorial Medical Center with a future gift in their estate plan.

This year attendees heard from lead doctors of the Emergency Department and the Hospitalist Program physician team at Torrance Memorial about the teamwork it takes to provide seamless patient care. For more information about the Heritage Society and how to include Torrance Memorial in your estate plan, please contact Sandy VandenBerge, director of Planned Giving, at 310-784-4843 or sandy.vandenberge@tmmc.com. You may also visit torrancememorial.org/plannedgiving.

YPPA’s First Annual Casino Night an Ace High Hoot ‘N Holler

The South Bay’s most-wanted cowboys and cowgirls turned out to support Young Physicians and Professionals Alliance at the Knights of Columbus in Redondo Beach. Event proceeds will help fund Torrance Memorial Medical Center’s new Pediatric and Neonatal Intensive Care Units. For more information on YPPA, visit torrancememorial.org/YPPA.
YPPA Takes to the Trails

Members and supporters of Torrance Memorial’s Young Physicians and Professionals Alliance hit the trails once again for a hike in late June. Nadine Bobit, YPPA’s resident mountaineer, guided the group through the wooded hills of Rancho Palos Verdes to the trailhead of the Portuguese Bend Reserve to view the Pacific Ocean and the stunning coastline.

Clowns Celebrate 25 Years

For the last quarter century Torrance Memorial Medical Center’s volunteer clown program, Clowns on Rounds, has helped to spread laughter and speed healing among patients and visitors. In August, in honor of National Clown Week, the program celebrated 25 years, as well as the 10th anniversary of Torrance Memorial’s clown school.

Torrance Memorial is the only Southern California hospital to offer its own clown school, where people learn how to be clowns and receive additional training if interested in volunteering as a hospital clown.

To celebrate this milestone, current and former members of the program were invited to gather for a reunion lunch. Current clowns also visited patients.

For more information on the Torrance Memorial clown school or how to become a hospital clown, call 310-517-4752.

Holiday Festival Wine Collection Party

Silver Oak, Latlaf Rothschild and Opus One were among the exquisite wines donated at the third annual wine procurement party for Holiday Festival, hosted by Laura and Marc Schenasi in mid-August. The co-hosts for the evening were Song Klein, Helaine Lopes and Kathleen Wilson. More than 100 guests attended and enjoyed an afternoon of live music, cocktails and delectable appetizers. The event produced 97 bottles of wine, which will be auctioned at the Holiday Festival Gala on Friday, December 2.

Miracle of Living at the Beach

There is no more vital or complex organ than the brain. Frustratingly little is known about dementia and brain health. Jeffrey Kim, MD, Neurology, and Anna Mellor, MD, Internal Medicine, spoke to a full house at the July Miracle of Living at the Beach lecture series at Shade Hotel Manhattan Beach. Eduardo Añorga, MD, family practice, served as the moderator.

Speakers discussed the diagnosis and treatment of dementia and what steps can be taken to protect brain health.

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Torrance Memorial Would Like to GIVE SPECIAL THANKS to Our Many Supporters

$100,000 - $499,000
American Homeowners League, Inc.
Cindy and Paul Campbell
Celi and Jarred Dogan
Robert F. Kosh
Irving and Lenore Levine
Mimi and Bob Lue
Lorraine and Ralph Scriba
Marie and Christian (Dan) Stetler

$50,000 - $99,999
Nicole and Jonathan Hinsborg
Dorothy and Allan Lay, Jr.
Carol and Mike McLennan

$25,000 - $49,999
City National Bank
Employer Ambassador Program
George & Vera Graziano Foundation
Nan and Red Harman
Domenick Iannotti and
danca Krendlov
Judy and Pamelli Jones
Rachel and Stephen Liu
Dorothy and Gerry Mayer
Katleen and Budy Parks
William and Dana Zappas

$15,000 - $29,999
Torrance Memorial
Pacific National Group
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Torrance Memorial Medical Staff
Torrance Pathology Group
Cang Ratge, M.D.
John Blaisdell, M.D.
Michael Donlap, M.D.
John Kosehi, M.D.

$10,000 - $14,999
Association of South Bay Surgeons
Oftice and Emmanuel David
Dietetic Care Consultants
M. David Chung, M.D.
Thuy Hu, M.D.
Kem淮t Holz, M.D.
Chirag Patel, M.D.
Azam Rizvi, M.D.

GIFTS FROM APRIL 1 - AUGUST 31, 2016

$50,000 - $9,999
A & A Maintenance
Linn and Greg Bayrie, M.D.
Howard Beary
Daniel Benjamin
Angelica and John Blaisdell, M.D.
California State University
Dominique Hils
Corvette Corporation

CH2M HILL O&M
Business Group
Continental Development
Corporation

COR Healthcare
Medical Associates

Bernadette and
Michael Donlap, M.D.
Fire Sprinkler Industries
Foundation Association

Frazes Chantable Foundation

Geoppner Industries, Inc.
Joanne Geoppner

HILL International of California
Keenan Healthcare
Kay and William E. Kim, M.D.
McMhdo and John Kirk
Lisa and John Kosehi, M.D.
John Landerville
Judy and Craig Leach
Barbara Demmim Lutie and
Mark Lutie, M.D.

McNally Building Companies
Jean Melcer
Andrew M. Meiner

Morrow-Meadows Corporation
MSC Landscape Services, Inc.
RPM Mortgage
Benn Dilkerson
Gerr and Iijs Schladin

Elaine and David J. Scott, M.D.

DPC Integrated Security
Vistas for Children, Inc.

$2,500 - $4,999
Valerie and Chris Adlam
Adravat Networks

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Ayre and Jack Baker
Rank of America Foundations
BCM Bobling Construction
Management, Inc.

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Abby and Steven Cabello

Control Air Conditioning
Corporation
Judy Duhren
Ruth and Hav-Daniels
Suzanne and Don Durotthwright
Anna Eakin

Torrance Memorial

Mary and Horace Cochlan
Cortec Services

Dodge Insurance Services, Inc.

DPR Construction

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Alek/Mike & Associates, Inc.
Architectural Glass & Aluminum
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Paty Berumen

J. Ralph Black, M.D.
Jamie Borr

Kimberly Buggin

Dr. Lauren Chui and
Dr. Phillip W. Chung

Heypin and David Chung, M.D.
Louise and David Clinton

$500 - $999
Valerie and Chris Adlam

Adravat Networks

Geoppner and Albert Avroan
Ayre and Jack Baker
Rank of America Foundations
BCM Bobling Construction
Management, Inc.

Neil Bhayany, M.D.
Abby and Steven Cabello

Control Air Conditioning
Corporation
Judy Duhren
Ruth and Hav-Daniels
Suzanne and Don Durotthwright
Anna Eakin

$500,000 +
Pruicella and Donald Hunt
Gerard and Patricia Torpey

$100,000,000 - $499,000
American Homeowners League, Inc.
Cindy and Paul Campbell
Celi and Jarred Dogan
Robert F. Kosh
Irving and Lenore Levine
Mimi and Bob Lue
Lorraine and Ralph Scriba
Marie and Christian (Dan) Stetler

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Suzann and Don Douthwright
Deidre Davidson
Ruth and Harv Daniels
Chef Shafer & Family, Depot
Brittney Bunnag
Carlos Botana
Boisset Wine Collection
Megan and Nicholas Arquette
Aquarium of the Pacific

IN KIND GIFTS
Ann and Gary Zimmerman
Peter Young, M.D.
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SAXAPHONIST KENNY G PLAYS HIS SOULFUL SOUNDS FOR GUESTS AT “EVENING UNDER THE STARS.”

Patrons | Fall 2016: 38

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Novas and Luminaries Present Grand Finale Check

Luminaries and Novas, two Auxiliary support groups, celebrated their 25th anniversary by presenting a check for $15,000 at the 2016 Grand Finale event at the Torrance Marriott in late May.

The Novas also recognized 20 graduating high school seniors who have contributed more than 3,000 hours over their four years of volunteer service. Novas members are high school students who receive valuable experience through various hospital volunteer opportunities, in hopes of inspiring them to have a lifetime of commitment to service. Beginning in the ninth grade, students work throughout the year supporting the medical center by volunteering their time and talents within the Foundation, Auxiliary, and Home Health and Hospice departments. The Luminaries are comprised mostly of the Novas’ parents.

Riviera Elementary “Fills the Boot”

Students from Riviera Elementary School dropped by the Torrance Memorial Burn Center to present a check for $245 to benefit the unit’s pediatric patients. The school’s PTA raised the money through a “Fill the Boot” campaign to recognize Firefighter Appreciation Week. During the campaign, students and families at the school were encouraged to drop spare change into the boot as they visited the school’s office. The funds will be used to purchase supplies for patients during their stay in the unit.

YPPA’s Donation Helps Hospitalized Children

Torrance Memorial Medical Center’s Child Life Specialist, Gina Siwert, recently took a snapshot of some of the items made possible by YPPA’s 2015 year-end $2,500 donation to the Pediatric unit.

“Our first splurge included medical kits, dolls, chargers for our iPad, some fun newer movies and more,” Siwert says. “We are extremely grateful to YPPA for choosing pediatrics in their giving.”

Part of the donation was also turned into gift cards for Michaels, Target and VISA cards for patients in need.

“Lots of things come up during the year that we will now be able to purchase for our pediatric patients,” she says. “Thank you so very much for brightening the lives of hospitalized children.”

Have you considered Torrance Memorial in your estate planning?

Your future support helps ensure Torrance Memorial Medical Center will continue to provide excellent, compassionate healthcare to residents of the South Bay for generations to come.

The Torrance Memorial Office of Planned Giving is ready to help you with gifts made through wills, living trusts, income-generating charitable gifts, retirement plans and more.

If you have already remembered us in your estate plan, please contact us so we can thank you now and ensure your legacy will be carried out according to your wishes.

Please call 310-784-4843 today for more information.

www.TorranceMemorial.org/PlannedGiving
33rd Annual

Torrance Memorial Holiday Festival

NOVEMBER 29 - DECEMBER 4, 2016
Located in the white tent at Skypark Drive and Medical Center Drive
Enjoy beautifully decorated holiday trees, boutique, food court and local entertainment

PUBLIC EXHIBIT • BOUTIQUE SHOPPING

Tuesday, November 29 ....................... 1:30 - 3:30 p.m.
Wednesday, November 30 ................... 10 a.m. - 9 p.m.
Thursday, December 1 ....................... 10 a.m. - 9 p.m.
Friday, December 2 .......................... Closed to Public
Saturday, December 3 ....................... 10 a.m. - 9 p.m.
Sunday, December 4 ......................... 10 a.m. - 4 p.m.

$5 General Admission
Children 5 and under are free

SENIOR DAYS

Wednesday, November 30 .................. 10 a.m. - 2 p.m.
Thursday, December 1 ...................... 10 a.m. - 2 p.m.
Free admission to seniors

COMMUNITY SERVICE GROUPS

Thursday, December 1 ....................... 4 - 9 p.m.
Special rate of $2 for admission

SPECIAL TICKETED EVENTS

Tuesday, November 29 ...................... Fashion Show
Friday, December 2 .......................... Festival Gala

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