

DISASTER PREPAREDNESS



**Tuesday
September 27, 2011**

3:00 p.m. – 4:00 p.m.

FREE

**Reservations are required.
Please call
(310) 517-4711
for more information or to register.**

Disaster Preparedness

Don't miss this lecture to help you prepare for a disaster.

What will be covered:

- Disasters in general – natural, man-made, terrorist
- Family first! Develop emergency plans for home, work, and school
- Emergency supplies to have on hand
- Earthquakes – what to do when the shaking starts
- What to do when the shaking stops
- Injuries – Who should go to the hospital? Who should stay at home?

Instructor:

Judy Retter

Director of Emergency Management
Torrance Memorial Medical Center

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Disaster Preparedness Kit
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*Health Education classes are designed to support health and personal wellness, but are not a substitute for medical care.
Always consult your physician regarding your health needs.*