

PRENATAL CLASSES

TENTATIVE 2010 CLASS SCHEDULE

All dates and times subject to change. Pre-registration is required.

For information and registration, call (310)517-4702

PREPARED CHILDBIRTH

\$95.00/couple

<u>Mondays, 7 to 9:15 p. m.</u>	<u>Saturdays, 9:00 a.m. to 1:00p.m.</u>	<u>Saturdays – 1 day class</u> <u>Sat. – 8:30 a.m. to 5:30 p.m.</u>
Jan. 4 – Jan. 25	<u>2 week class</u>	Jan 16
	Jan. 9 & 16	Feb 13
<u>Tuesdays, 7 to 9:15 p.m.</u>	Jan 23 & 30	Mar 13
Jan 12 – Feb 2	Feb 6 & 13	April 17
Feb 23 – March 16	Feb 20 & 27	May 15
April 13 – May 4	Mar 6 & 13	June 12
June 15 – July 6	Mar 20 & 27	July 17
July 20 – Aug 10	April 10 & 17	Aug 14
Aug 31 – Sept 21	April 24 & May 1	Sept 11
Oct 5 – Oct 26	May 8 & 15	Oct 9
Nov 9 – Nov 30	May 22 & 29	Nov 20
Dec 7 – Dec 28	June 5 & 12	Dec 18
	June 19 & 26	
<u>Wednesdays, 7:00 to 9:15pm</u>	July 10 & 17	
Jan 13 - Feb 3	July 24 & 31	
Feb 10 – March 3	Aug 7 & 14	
March 24 – April 14	Aug 21 & 28	
April 28 – May 19	Sept 4 & 11	
June 9 – June 30	Sept 18 & 25	
July 14 – Aug 4	Oct 2 & 9	
Aug 25 – Sept 15	Oct 16 & 23	
Sept 29 – Oct 20	Oct 30 & Nov 6	
Oct 27 – Nov 17	Nov 13 & 20	
Dec 1 – Dec 22	Dec 11 & 18	

REPEAT PREPARED CHILDBIRTH

Sundays 9-12 noon \$30.00/per couple

February 14	August 15
April 18	October 10
June 13	December 12

NEWBORN BABY CARE

\$45.00/per couple (2 classes), 6:30-9:30 p.m..

THURSDAYS, 6:30-9:30 p.m.

Jan 7 & 14	July 1 & 8
Feb 4 & 11	Aug 5 & 12
Mar 4 & 11	Sept 2 & 9
April 1 & 8	Oct 7 & 14
May 6 & 13	Nov 4 & 11
June 3 & 10	Dec 9 & 16

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www.TorranceMemorial.org

Pre-natal
BREASTFEEDING CLASS SCHEDULE

\$60.00/3 class series, THURSDAYS- 6:30-9:30pm.

Jan 21 & Jan 28	May 20 & May 27	Sept 16 & Sept 23
Feb. 18 & Feb. 25	June 17 & June 24	Oct 21 & Oct 28
March 18 & March 25	July 15 & July 22	Nov 18 & Dec 2
April 15 & April 22	Aug 19 & Aug 26	Dec 8 & Dec 15 WED.

After the Baby
BREASTFEEDING QUESTIONS AND BEYOND

for Mom & Baby, 3rd session or stand-alone class \$25.00 – FRIDAYS 10am-1pm

Jan 29	May 28	Sept 24
Feb 26	June 25	Oct 29
March 26	July 23	Nov. 19
April 23	Aug 27	Dec 17

PREPARING FOR MULTIPLES and PARENTING MULTIPLES

Pre-natal class 1 – 5pm

After the Babies 10am – 12:30pm

Jan 9	Jan 9
March 28	March 28
May 22	
July 31	July 31
Sept 25	
Nov 13	Nov 13

SIBLING CLASS

For children ages 3 to 6 years old \$20.00 for first child, \$10.00 for second child

Jan 23	May 22	Sept 25
Feb 27	June 26	Oct 16
March 27	July 24	Nov 20
April 24	Aug 21	Dec 11

GRANDPARENTING

\$25.00/ couple OR \$15.00/ person

TUESDAYS 6:30-9:00PM

January 19	September 14
March 16	November 16
May 18	
July 20	

SUNDAYS 2:00-4:30PM

February 14	October 10
April 18	December 12
June 13	
August 15	

MORNINGS FOR MOMS

Thursdays from 10am -12 noon

\$30.00 per series of 6 or \$5.00 per session

January 7 – February 11	July 8 – August 12
February 18 – March 25	August 26 - September 30
April 15 – May 20	October 14 – November 18

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